



Circle Camps
at
TAPAWINGO
Volunteer Guide

2022



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The Mission of Circle Camps

Circle Camps provides a free summer camp for girls who have experienced the death of a parent. Through multi-year leadership programming, Circle Camps prepares girls to become confident young women.



Circle Camps Triad of Programs

The mission statement of Circle Camps is founded on our triad of core values: **Community**, **Service**, and **Adventure**. The girls who become Circle campers begin their journey in the Circle Community w; here, they spend time with friends sharing their joy and sadness, as well as all the fun of summer camp. At 14 years of age, Circle campers begin Leadership in Training (LIT1) which allows them to begin mentoring younger campers. At 16, Circle campers become involved in Circle Service (LIT3). The LIT3 program is a one-week outreach-building project that encourages the campers to experience the joys of focusing their attention outside themselves and serving others. In their final year, the campers engage in the LIT4 program and experience Circle Adventure. This one-week backpacking trip challenges the body and the mind, tightens relationships, and teaches girls not to fear the unknown but to embrace an invitation to join in on an adventure.

The LIT4 program is not the end of their journey. Most of our volunteer counselors are Circle Camp graduates, who return to their Circle community to serve, mentor, and create new adventures for the younger campers.

The following section outlines more details about the Circle Camp programs:

The community at Camp: This program is for campers aged 8 to 14 years old (LIT1, LIT2)

- This is where our community begins to form. It includes one week of summer camp!
- During this experience, young campers begin finding their place in the Circle.
- The staff guides these campers as they move along their journey?
- There is an emphasis on traditional camping experiences infused with culture and songs.
- Campers build mutual respect and trust in the community and its members.

Service: 15 to 16-year-old campers (LIT3)

- This is where our campers learn to serve authentically and with purpose.



- Campers take the tools and lessons they have learned in grief management, leadership, and connection to facilitate the betterment of someone else's life.
- Campers build practical skills through hands-on projects that allow them to apply problem-solving and engage in planning.
- Circle Camps encourage a spectrum of leadership styles and provide opportunities for various personality types to lead using their strengths.

Adventure: 17 and 18-year-olds (LIT4)

- Campers experience adventures that take them out of their comfort zone and allow them to grow their mental strength so they can better prepare for “life after high school” and “life after Circle.”
- Campers are challenged physically and mentally so they can learn to tap into their inner strength, gain a sense of female empowerment, and explore the concept of individual success and how it contributes to community success.
- Campers experience a one-week trip either backpacking, mountain biking, or paddling.
- Trips include backcountry skill building, wilderness first aid, outdoor leadership, map reading, backcountry cooking, small group leadership, and dynamic management.
- Each trip features a new leader each day, and camp wraps up each night with a Closing Circle.

Circle Camps Board of Directors

- ♣ **Cynthia Abrams** – Board Member, Pittsburgh, PA
- ♣ **Stephen Abrams** – Treasurer, Denver, CO
- ♣ **Peter Emmons** – Board Chair, Atlanta, GA
- ♣ **Georgia Grove** - Board Member, Atlanta, GA
- ♣ **Jim Kieffer** – Board Member, Atlanta, GA
- ♣ **Mary Riddle** – Secretary, Atlanta, GA
- ♣ **Lane Shelton** – Executive Director, Atlanta, GA
- ♣ **Deb Sydnor** - Board Member, Atlanta, GA
- ♣ **Judy Train** – Vice Chair, Atlanta, GA

Partner Directors

- ♣ **Aaron Canter** - Emma Kaufman Camp, Morgantown, WV
- ♣ **JD Lichtman** – Camp Tapawingo, Sweden, ME
- ♣ **Josh Sweat** – Camp Twin Lakes (Will-A-Way) – Winder, GA



Circle Camp at Camp Tapawingo EMERGENCY NUMBERS

Camp Tapawingo: 166 Tapawingo Road, Sweden 04040

Camp Tapawingo Owner: JD Lichtman: camp 207-647-3351, cell 203-640-2665

Circle Camps personnel:

Executive Director: Lane Shelton, 404-790-7056 or 770-687-3066

Circle Camps Program Director: Sandra (Garbo) David, 920988-8759

Circle at Tapawingo Camp Director: Sara MacDonald 207-807-2564

Circle at Tapawingo Clinical Director: Ariel Goehring, 559-580-9393

Circle at Tapawingo Emergency Response Team Members: Sandra(Garbo) David , Sara MacDonald, Bex Oring, Allison mcNeil, Peter Emmons,
Circle at Tapawingo Waterfront Head: Jay LaRosa

Hospitals:

Bridgton Hospital, 10 Hospital Drive, 207-647-6000

Norway Stevens Memorial, 181 Main Street, 207 743 5933

North Conway Memorial, 3073 White Mountain Highway, 603-356-5461

(Directions to each hospital are in the glove compartment of the designated Circle at Tapawingo emergency vehicle.)

Law Enforcement/Fire:

Cumberland County Sheriff's Office 911

Sweden counselor Fire Department: 911

Bridgton Police Department: 207-647-8814 (Non-emergency dispatch)

2021 Emergency Response Vehicle:

Accidents and medical emergencies can happen anywhere at any time, often when least expected. When an emergency occurs, events unfold rapidly, leaving little time for planning. That is why advance preparation is important.

The owner of Camp Tapawingo has informed the nearest local police and the Oxford County Sheriff's offices (approximately 20 miles from Camp Tapawingo) of Circle's dates and camper and counselor numbers.

In any emergency situation, the immediate concerns are: first, caring for any ill or injured campers or counselors and second, the orderly handling of others on the scene. Communication with all families and appropriate response to any media inquiries are also important concerns.

Inform Camp Tapawingo owner JD Lichtman of any emergency. If he is not at camp, call his cell phone, describe the emergency and ask which hospital to take the camper.



2022 Circle Camp COVID 19 Response Addendum



Re: **COVID-19 Vaccination Requirements 2022, Addendum 1**
Lane Shelton, Executive Director
March 2nd, 2022

The following should be considered as an Addendum to the pre-existing [COVID-19 Pandemic Response Policy and Field Guide](#) which was published in May of 2021. Any current or future Addendums to the Field Guide will take precedence over any potential contradictions.

1. We will require *all* individuals to adhere to a strict pre-camp testing protocol. We will require proof of a negative COVID-19 test (PCR) no more than 72 hours before arrival at camp. If testing protocols change as we get closer to camp, we will alert the community. The logistics for submitting test results will be communicated to the Circle community by May 2022.
2. Circle Camps *strongly encourages* each volunteer, staff, and camper to come to camp fully vaccinated against COVID-19 this summer. Regardless of if they are vaccinated or not, each individual (volunteer/staff/camper) will be required to submit their vaccination status before camp. This is information we must have on file in the event of a positive COVID-19 case while we are at camp. The logistics for submitting vaccine statuses will be communicated to the Circle community by May 2022.
3. Leadership Team members are required to be fully vaccinated due to exposure and quarantine requirements.
4. Masking will be required for all individuals regardless of vaccination status while indoors in community spaces.
5. We have not yet made a decision on whether or not we will be implementing pods as we did last summer. We will let the community know what we've decided as we get closer to camp.

Because of the ever-changing nature of the pandemic, all testing, masking, and distancing protocols for camp, regardless of vaccination status, will be updated per CDC and ACA recommendations and guidelines as we move closer to camp this year.



Circle Camps Covid19 Protocol Summer 2022

- All staff will complete a 14-day prior to camp screening.
- All staff, volunteers, campers, and guests must be physically and/or verbally screened for COVID-like symptoms immediately before or after entering the camp facilities that, includes at a minimum:
 - Fever
 - Nasal Congestion
 - Sore Throat
 - Cough
 - Muscle Aches
 - Headaches
- All staff, volunteers, campers, and guests must disclose any COVID-like symptoms listed above while on premises and immediately self-quarantine.
- Any person experiencing COVID-like symptoms must be tested by an FDA-approved COVID test and receive a negative result before returning to camp programming or engaging with the camp community.
- Positive test results will require additional testing of persons sharing the same living quarters or who may have had prolonged close contact with the individual.
- Circle Camps will follow mask-wearing policies in alignment with the CDC or other governmental requirements.
- As of May 1, 2022, Circle Camps does not require any mask wearing unless otherwise stated in the policies herein. We reserve the right to change this policy at any time to provide for the safest operation of camp.

Staffing Policies

- Circle Camps staff will be required to disclose any COVID-like symptoms before coming to work each day and shall not start work or interact with any staff, campers, volunteers, or guests until their supervisor permits. If symptoms appear at work, employees must self-quarantine immediately and notify their supervisor.
- Circle Camps Volunteers and staff must provide a negative COVID test result from an FDA-approved test before returning to work after experiencing COVID-like symptoms.
- Circle Camps will follow the testing and quarantine guidelines as outlined by the CDC after a positive test result of a volunteer and Staff member or any guest. All other volunteers and staff who may have been exposed to a person who received a positive test result will test in accordance with CDC guidelines as it relates to their COVID vaccination status.
- Asymptomatic staff will not have to stop work while waiting on the results of a test unless otherwise noted herein. If the person is in residence at the camp, any person sharing the same living space will need to quarantine immediately and remain quarantined until a negative COVID test is received.
- Circle Camps and staff who are “Up to Date” as defined by the CDC are **NOT** required to wear masks, cohort, or submit to any regular screening (unless presenting with COVID-like symptoms).



- Volunteers and staff who are “Unvaccinated” have not received any FDA-approved COVID vaccinations or have not completed the primary series. These staff will be required to provide a negative test at the beginning of each week prior to starting work and must wear masks when in close contact with guests while leading programs (unless it impedes their ability to perform safe and effective programs, and in this case, they must be able to maintain appropriate social distancing while unmasked), and while indoors except when eating while being socially distanced from guests or in their living quarters. These staff members are not required to cohort or social distance unless the partner policies require them to do so.

General Rules and Regulations

Circle Camps created the following rules and regulations to ensure that the camp operates smoothly. The rules apply to all Circle Camps' campers, volunteers, staff, and guests. From time to time, it may be necessary to amend these rules as situations warrant. The Circle Camp Executive Director will amend any rules as necessary and put them in writing.

The following are NOT permitted in any part of the Camp property: (CAT, CTL, EKC)

- Alcoholic beverages
- Drugs (except for prescription drugs and other necessary legal drugs. These drugs must be controlled and dispensed by specifically identified and responsible members of Circle Camps). All other drugs are strictly prohibited on any portion of the Camp property.
- Smoking (including e-cigarettes and vapes) and other tobacco products are not permitted anywhere on the Camp property. The storage of such products is restricted to the individual's vehicle and should not be carried or stored in any personal items throughout the Camp property.
- Knives, fireworks, firearms, or other weapons (except if they relate to the Camp Curriculum).
- Pets and untrained animals will be asked to leave the camp property. Trained services animals are permitted as needed.
- Visitors are not permitted unless approved by the Circle Camps Camp Director ahead of arrival time. This rule ensures that campers and staff remain secure. Upon arrival, all visitors must check in at the main office and be escorted throughout the Camp property. Visitors are not allowed to participate in any activities or use any of camps' equipment. Visitors can not be left alone with any camper while on the Camp property.
- Circle Camps discourage campers to bring items of great value to camp. If campers bring valuable items, they should check in and secure these items with the Camp Director. Circle Camps or the Partner Camp are not responsible for the loss of or damage to personal property while campers travel to/from or on the Camp property.

Other rules and regulations

- Fire and emergency drills may be conducted on each camp session's first day.
- Campers can only access certain specialized program activity areas when accompanied by a properly trained/certified staff or volunteer. These areas include but are not limited to horseback riding, archery, bikes, pool, lake, and challenge course.
- Vehicles are not permitted beyond designated parking areas. Vehicles must be parked in designated areas only. A maximum speed limit of seven (7) mph must be observed on camp



property.

- The Circle Camps Camp Director must directly authorize staff and volunteer's permission to use golf carts to utilize the golf carts.
- Meals are served according to the schedule established. The kitchen will be closed after supper is cleaned up until breakfast the next day. No one is permitted in the kitchen at any time. No food, glasses, dishes, or utensils should be removed from the Dining Area (Main Lodge, Dining Room, Dining Hall). Food is not allowed in cabins as it may attract rodents and bugs. Special dietary needs should be arranged through Camp Director in advance. Snacks will be available throughout the day in the Dining Area.
- Campers are ONLY permitted to use personal sports equipment such as personal bikes, skateboards, roller blades, etc., under the supervision of staff and volunteers. And given permission by the Camp Director.
- All camp facilities must be left clean and free from debris at the end of the Circle Camps term. Graffiti is strictly prohibited.
- Laundry use is reserved for camper emergencies and infirmed individuals only.

Searches and Inspections

To achieve the goals of this policy and maintain a safe, healthy, and productive work environment, Circle Camps always reserves the right to inspect any individual, as well as their surroundings and possessions, for substances or materials that may violate this policy. This right extends to searching or inspecting clothing, desks, lockers, bags, briefcases, containers, packages, boxes, backpacks, Camp-owned or leased vehicles, and any other vehicles parked on Camp property where prohibited items may be concealed.

Cell Phone Policy

- Circle Camps strives to be a cell phone free environment for all members of our camp community. While some camp community members may have access to cell phones for necessary day-to-day communication, Circle Camps wants to significantly reduce cell phone usage while at camp and never in the presence of campers. Staff and Volunteers should only access cell phones or other devices on breaks or during periods outside the campers' company.
- Circle Camps maintains a stricter No Cell Phone Policy for all our campers during their camp session. All camp staff and volunteers are expected to confiscate all cell phones from campers if seen or made aware of their possession of such devices to the Camp Director. The Camp Director will return the device to the individual before camper pick-up.



Emergency Procedures

Circle Camps Emergency Protocols and Procedures

Circle Camps has an Emergency Response Team (ERT). This team is made up of the Leadership Team and Non-Bunk Counselors. They are the first responders who handle all camp emergencies. Their roles and responsibilities are suited for emergencies. If an emergency should arise while at camp, a counselor should have another counselor who is not caring for the ill or injured person to contact the ERT immediately.

Emergency Response Team (ERT): The team consists of Lane Shelton, Sandra David (Garbo), Sara MacDonald, Bex Oring, Ariel Goehring, and the head nurse and head of the waterfront.

On-Site Accidents

Many hazards may arise while at camp. To prevent these situations, please follow the signs available for viewing at many program locations in camp. These locations include but are not limited to:

- **High Ropes Adventure Course** - Do not use or enter this adventure course without proper supervision from Camp staff. This area will remain locked until a certified staff member arrives.
- **Waterfront** – Do not enter the waterfront or boating areas without proper supervision from Camp staff. Supervision is required at all times if any of the waterfront areas or boats are used. This area will remain closed until a certified staff member arrives.
- **Pool (CTL & EKC)**- Do not enter the pool area without a lifeguard. This area will remain locked until a lifeguard staff member arrives.
- **Archery** - Do not enter the archery area without proper supervision. This area will remain closed until a certified staff member arrives.
- **Horseback (CTL)**– Do not enter any horseback area without proper supervision. This area will remain locked until a qualified CTL staff member arrives.

What is an Emergency?

A camp emergency is defined as a life or death situation. Emergencies at camp include:

- Severe weather conditions
- Severe injury to a camper or staff member
- A camper or staff medical situation
- A stranger on campgrounds after hours who will not leave on their own accord
- A missing camper
- A horse(s) out of the pasture or riding area
- A broken water line

In Case of an Emergency

The Circle Camps' ERT members carry camp walkie-talkies throughout the camp session. In case of an emergency, notify a member of the Emergency Response Team (ERT). If a medical emergency should take place during the night, any adult should be alerted. They should alert any one of the ERT as follows.



In the case of all Emergencies, the following actions should be enacted:

- The Camp Director, the Head Nurse, or any trained medical personnel will decide to transport a camper or counselor to the hospital.
- A member of the ERT and a Circle Camps counselor designated by the Camp Director will accompany any camper or counselor transported to the hospital. The Head Nurse will provide the injured person's emergency contact and insurance information.
- One car is designated as the "**Emergency Vehicle**," and it will be located at the Camp Office. Counselors are aware of this vehicle. **Directions to the local hospital are in the glove compartment.**
- Immediately following the incident, a debriefing occurs, and the ERT completes an incident report.
- The Executive Director, Lane Shelton, is the spokesperson representing Circle Camps. She makes the official statements to the media; no one else should speak to the press.
- Some families may want their children to return home when notified of the incident by the Executive Director or Camp Director. It is also possible that medical staff nearest to the hospital may decide to transfer the injured person to another facility for treatment. In such cases, the accompanying counselor will remain with the injured person until relieved by a family member.

Crisis Management Plan

- The most senior staff member or counselor at the emergency scene assigns one person to tend to the injured, another to calm other campers, and the third person to contact the Camp Director or Executive Director.
- Move campers who witnessed the emergency away from the scene and walk them back to their bunks. If the emergency occurs in a bunk, move campers who saw the emergency out of the bunk and into the next closest bunk. The Camp Director and the Clinical Director will instruct all other campers and counselors to return to their bunks. After campers are inside, the counselors will meet in front of the bunks, and the Camp Director, Clinical Director, or Executive Director will inform them about what has happened.
- Campers and counselors who have witnessed the emergency may need additional support. The Head Nurse or the Clinical Director will determine how best to accommodate that need.
- Campers and counselors who did not witness the emergency may have questions. Only the Camp Director, the Clinical Director, or the Executive Director will respond to questions asked by other campers or counselors to ensure that everyone receives accurate, consistent information.
- There may be media inquiries if news of an emergency at a Circle Camps' location is broadcast over police or emergency radio channels. Immediately take reporters who come to the camp to the Camp Office, where the Executive Director, or the designated spokesperson, will meet with them.
- **No one else is authorized to provide a statement to any reporter or media representative.**



- If reporters or media representatives call for information about any emergency, the Camp staff member answering the call should inform the caller that an official statement will be issued as soon as accurate information is available. The Camp staff member should tell the caller that the Circle Camps' Executive Director will respond to their call. The Camp staff member should respond courteously if and when a media representative contacts the camp by indicating that the adults on hand are focusing on the care of the campers as their main responsibility. They should then ask for the reporter's contact information and assure the caller that a statement will be sent as soon as it is released. The host camp staff member should make no written or verbal statements regarding the causes or circumstances of the emergency except to the police or other authorities. The host camp staff member should not admit or attribute guilt or accept responsibility for what happened.
- A log is to be maintained in the Camp Office of all telephone calls from the media or other parties inquiring about the emergency.
- The Executive Director is responsible for notifying Hamby and Aloisio, Inc., Agent: Mary McCowen, 404-538-1688, immediately following an accident or event that causes serious injury to a camper or counselor. The Executive Director accompanies any insurance company representative who comes to camp to view the site of the accident.
- Each child's family must be notified of any serious accident, injury, illness, or death. Families will have to answer their child(ren)'s questions and address their concerns about the incident after the camper(s) returns home. To do so, families need to understand what occurred.
- The Executive Director will be responsible for notifying the family if a child suffers a severe injury, illness, or death.
- Families of other campers will be notified of any incidents in a letter from Circle Camps' Executive Director, which will be drafted and reviewed by legal counsel prior to its release – recognizing that time is of the essence.
- Legal counsel will review the letter and communicate with families via DialMyCalls.
- At the end of camp, the Camp Director, the Head Nurse or a member of the Clinical Team, and other designated counselors, depending on the number of buses, will ride with the campers and make themselves available to meet with any parents who may have questions about the incident. They will have copies of the letter available since some parents may not have received it.

Emergency Warning System

An emergency code system will be activated over the walkie-talkies to alert all camp participants of emergencies such as fires and severe weather conditions such as tornadoes, floods, and lightning storms. Once a code is called over the two-way radio, all staff and volunteers should listen for the next steps or follow the outlined procedures below.

At the start of each summer camp week, The Camp Director will review these policies and share them with their staff and volunteers.

- Code Red – Fire – Location
- Code Yellow – Missing Person
- Code Orange- Active Shooter



- Code Green – Intruder - Location
- Code Blue – Bomb Treat -
- Code Black – Tornado Warning -
- Code Gray – Severe Lightning

Emergency Steps

1. Remain Calm.
2. Account for campers, Staff, and Volunteers within each cabin group.
3. Protect campers, staff, and volunteers (relocate when needed).
4. Wait for additional instructions from the Leadership Team.

Code Red – Fire

All cabins and the Medical Center are equipped with smoke sensors, and all buildings have fire extinguishers. In case of a fire or any emergency, activity staff will remain with their activity group and provide directions for the group until either responsibility is turned over to the bunk counselor or until the emergency has concluded. In case of a grass fire, move all children to the Dining Hall or Waterfront (via the safest route – camps roads if need be). Counselors should take a headcount and remain with their bunks. All Circle Camps staff or volunteers without cabin responsibilities must report to the Camp Office for instructions.

In case of a fire in the Dining Hall, have the cabin groups exit the building using the nearest available exit. Staff/Volunteers should take campers to the Ball field or Tennis Courts and conduct a headcount. Names of any missing persons should be radioed to the Camp Director.

In case of a fire in a cabin, go to another cabin, notify a Leadership Member and move everyone to the Dining Hall. The Partner, Camp Management Team, should also be notified. There are fire extinguishers in the buildings at camp, and only after the campers and staff are safe should anyone attempt to put out the fire.

A designated staff or counselor (non-bunk counselor) should inform other bunks to move to the Dining Hall. If the conditions are not conducive to the fire spreading, only the campers in the affected cabin and the ones on each side should be moved. If the conditions are conducive to the fire spreading, all campers should move to the Dining Hall. They should designate someone to communicate via walkie-talkie to communicate about the situation.

Please review the evacuation plans and locate the closest fire extinguisher. If a door is blocked, head toward the opposing door or through the windows.

Code Yellow – Missing Person/Camper

The conduct protocol and type of search depend on the incident's circumstances. The following steps are general guidelines to follow if a person is determined to be lost/missing.

- **Prevention:**

Within a bunk (cabin), each counselor should be assigned to and be particularly aware of the presence of the number of campers. Adjustments should be made when a counselor is away from the group to ensure that the campers are always accounted for. Any staff member seeing a camper has wandered away from their group or activity without supervision should personally escort that



camper to their group, activity, or another staff member who can do so.

- **Procedure:**

When a camper is discovered missing, the staff member should notify the Camp Director immediately. The Camp Director will contact the Head Nurse, the Clinical Director, and the Partner Camp personnel. The following information should be shared:

- Camper's Name, Age, Bunk number, Description of the campers' clothing, location last seen, length of time missing, what has already been done to find them, and any other pertinent information.

A counselor from the cabin of the missing person will send one of their counselors alongside a member of the Leadership Team to search for the camper in the most likely areas, including their cabin (check under the bed and any closets), the last activity area they were seen in, the Dining Hall, and recheck the Medical Lodge, etc.

If the camper is not found within five (5) minutes, the Circle Camps Camp Director will announce that the Lost Camper plan or Code Yellow is in effect.

There will be repeated announcements on the radios, which means everyone must go to the Dining Hall except the Non-Bunk Counselors (NBC). Cabin groups should sit together at tables; counselors should take a headcount and leave one counselor in charge of the table (board games or decks of cards will be supplied; it is a good idea to keep the campers involved in something during this time).

All NBC counselors should report to the Camp Office to help with the search. They will then explain to the group what has happened and ask if anyone has seen the missing camper. They will also ask if anyone has any other relevant information to share. Staff will spread out to search program areas. Waterfront staff will begin water search and rescue procedures. Additional staff will start a search of trails, outposts, and maintenance areas. NBC will also search all cabins and buildings. After thirty (30) minutes, they will notify 911, and we will broaden the search for the camper with the aid of local emergency officials.

Kidnapping

Staff and volunteers should refer all visiting persons (strangers or known) to the Camp Office for an official check-in. All visitors must check-in and obtain a visitor's badge. Under NO condition may a camper be removed from camp without the permission of the Camp Director.

Although these policies are in place to ensure the safety of the campers, there may be strangers who attempt to come to camp in search of potential victims or guardians who may be amidst custody disputes and may try to remove a camper from the camp.

The Camp Director has the sole responsibility and authority to release campers and volunteers. And staff. The Camp Director will verify that the camper is released only to the legal guardian or their authorized designee. All requests to pick up campers or staff must be directed to the Camp Director. Should a camper be taken from camp without the direct knowledge and approval of the Camp Director:



Notify the Camp Director IMMEDIATELY and provide them the same information requested during a missing camper or "Code Yellow."

Code Green – Intruder

Unfamiliar persons on the camp property may range from someone lost and looking for directions to someone who has come to the camp with the intent to harm persons or property. Some judgment must be made on the staff's part to determine the risk level. Staff and volunteers should assess the situation and address unfamiliar persons only if they feel comfortable. If they don't feel comfortable, they should send a runner to the Camp Office and stay at a comfortable visual distance from the person till a Camp Director arrives. If the staff or volunteer feels comfortable, they should question that individual to ascertain who they are and why they are on camp property.

Do not antagonize an intruder. Be polite and give assistance if possible and either accompany the person to the camp office or ask them to leave. Inform them that the Camp is private property and is not open to the public. Remain observant of their location to ensure that the person leaves the site. To do this you may escort them out of camp or contact a Circle Camps' Leadership Team member or Partner Camp Staff to do so. If they seem suspicious, observe their car's make, model, and license number and share this information with the Camp Director.

If the appearance of the unfamiliar person makes you uncomfortable, only approach them with another staff member. Someone should always stay with the campers, keeping them away from the situation. If the person seems threatening, do not approach or take any chances. Remove yourself and the campers from the area, notify the Camp Office and the Camp Director, and observe the person's whereabouts. If you see or suspect an intruder in camp at night, immediately inform the Camp Director and a Camp Partner member.

In the event of a CODE GREEN

staff and volunteers should do the following:

Run:

Gather the campers within the immediate vicinity, even if they are not from your cabin, and head to the nearest building (preferably a cabin) and lock or barricade doors. If outdoors, hide together, away from trails or other areas of heavy traffic.

Hide:

Hide the campers and other individuals in the safest area of the room. Remain quiet, and do not use radio communication or cell phones to contact anyone. NEVER share the group's location over the radio system. Staff and volunteers should not leave their hiding space if they hear an "all-clear" over the radio, a fire alarm sounds (without the presence of smoke), or any singular individual tries to engage the group.

Campers, staff, and volunteers should stay hidden until a uniformed Police Officer, and Circle Camps' Leadership Team member comes to notify the group in person. Campers, staff, and volunteers should not contact parents/guardians, family, or friends to inform them of the incident that is/has occurred until the Circle Camps Executive Director has granted approval.



Fight:

Staff and volunteers should be prepared to fight a possible intruder to protect the campers they supervise. This is only a last resort and should NOT occur unless directly engaged by the intruder physically.

Code Blue – Bomb Threat

A bomb is a device present on camp or on the premises, which may or may not have exploded.

Warnings to Staff and Campers:

When the staff signals a Code Blue, they will announce the evacuation location on radios, and the PA

All staff and campers are to go to the far end of the ball field unless another location is announced during the announcement.

All staff and campers should be accounted for at the holding site.

The entire camp is to remain in this area until all is clear or other information is given.

Steps of Action:

- If the threat is made by phone, the person receiving the call should obtain as much information as possible. A checklist is provided for this procedure. Stay Calm!
- Notification should be given to the Partner Camp Directors – by phone and/or radio using the words "code blue."
- If the Directors determine that it is necessary or wise to evacuate the area, the necessary information will be given via radio.
- The staff will ensure that all staff and campers are evacuated to the assigned areas. Staff will then take roll call. All staff and campers will remain in their designated evacuation location(s) until staff issues an all clear.
- Staff should look for unusual or suspicious noises, devices, packages, or disturbances while evacuating the main areas of camp.
- Protect face and head from flying debris with arms, backpacks, etc.
- Once in the evacuation area – nobody is to use radios, cell phones, or other electronic devices for any reason.
-

In case of a Code Blue Bomb threat, the staff will manage the following responsibilities:

Circle Camps Camp Director(s) will:

- Determine the need for evacuation and will notify all staff.
- Gather information from staff regarding anything they observe that may be suspicious.
- Assist the medical staff.
- Coordinate all efforts with the Partner Camp Director when possible.
- Call 911.
- Contact evacuation resources to ensure a speedy and safe evacuation, if needed.

Camp Medical Team:

- Will coordinate and administer any and all first aid.



Camp Partner:

- Will (along with their staff) shut off the gas to the kitchen and lodge.
- Meet the police bomb team at the gate.

Circle Camps Clinical Director:

- Will coordinate the evacuation process.
- Once this evacuation process is complete, they will determine whether all staff and campers are present.
- Ensure all needs are met during holding time in the evacuation area.

Weather Emergencies

If a sudden thunderstorm, tornado, or other weather emergency occurs, the large bell will ring continuously, or the counselors will be notified by radio or a runner. When alerted of severe weather:

- Remain Claim.
- If in a cabin, conduct a head count of campers.
- If campers are at an activity, the counselors should quickly and safely stop all activities and move to safety areas: EKC – Basement of Hotel Beit Choskey or Field House, TAP- Main Lodge, CTL – Gym or center of a bunk.
- Remain calm and don't alert campers. Staff and Volunteers will keep groups together and supervise them quietly and efficiently.
- Once inside the designated area, campers will sit with their bunks, and counselors from each bunk will sit at the front and back of the line to ensure an accurate head count.

*If campers become separated from their group, they should evacuate their building and join another group. The camper will stay with the new group until further instructions. A camper should never be alone in search of their group.

Code Black – Tornado

Tornado Watch

Weather conditions indicate that **a tornado could be coming during a tornado watch**. During a tornado watch, an announcement will be issued over the radio instructing everyone that they need to end their activity immediately and head to their cabin. Groups on nature hikes, mountain bikes, and on horses will be notified by radio and given specific instructions.

Tornado Warning

A tornado warning goes into effect once **a tornado has been sighted**.

During a tornado warning, everyone must move to shelter immediately. The campground will issue an announcement over the radio (if needed, the large bell will ring continuously) to notify that actions need to be taken. Everyone should move immediately to the closest, strongest inner structure, away from possible blowing debris.

- Emma Kaufmann Camp – Basement of Hotel Beit Choskey or the Field House.
- Camp Tapawingo – Inside the closest building, the Basement of the Main Lodge
- Camp Twin Lakes – Will- A-Way – Gym or Center of a cabin (Bathrooms)



If groups are in any other building, move away from any glass and into the strongest inner structure and cover the group with mattresses, if available. The Dining Hall is not a recommended place to be due to the amount of glass. If the group is outside in an open area, move toward the best possible depression (trench, etc.) and lay down there. Keep in mind that as a counselor, it is important to keep the group from panicking; keep track of who is in the group; use good common sense. Always try to anticipate rather than react.

Code Gray - Severe Lightning

In case of lightning, swimming and all outdoor activities will be canceled. Do not allow campers to go outside when it is lightning. If the group is outdoors, seek shelter in a building.

If severe weather comes and the group is not near an immediate shelter, seek a low-lying area and lie flat. Avoid large open spaces and trees. Lightning will seek tall objects, so stay away from lone trees and hilltops.

Utility Failure

During a utility failure, all Circle Camps' staff are not permitted to access breaker boxes, downed wires, electrical equipment substations, or large green transformer boxes throughout the camp. These areas are dangerous and off-limits as a power loss may occur from sources inside or outside of the camp.

There are battery-operated safety lights in all cabins. The radio system may not work if the power is off to the entire camp. Stay put. A Leadership Team member will come to each building with instructions.

In case of an Electrical Fire, assemble and evacuate all campers and notify the ERT. Never use water on an electrical fire. Use a fire extinguisher or baking soda. Downed power lines are extremely dangerous. Stay clear and do not touch them. Remove any campers from the area, notify an ERT member, and ensure that no one accesses the area until an ERT member arrives.

Behavior Management Policies and Guidelines

Circle Camps has a strict stance on the following:

- Corporal punishment, hazing, bullying, or any other discriminatory or abusive behavior are not permitted and will result in immediate dismissal from programs and facilities.
- Any illegal behaviors will be reported in accordance with local, state, and federal laws.
- Circle Camps' reserves the right to change/or modify behavior plans if they feel the safety or wellbeing of an individual is at stake.
- Circle Camps' reserves the right to remove individuals from programs and/or facilities if they deem behavior problems not fitting for the Circle Camps environment.
- Circle Camps has a zero-tolerance policy in regards to "bullying" behaviors. Bullying can include verbal, physical, or consistent emotional abuse (put-downs, exclusion, etc.). All



behavior problems, bullying, and discipline infractions should be reported immediately to the Camp Director and/or a Leadership Team Member.

- An incident report must be completed and shared with the family.
- Destructive behavior is not tolerated at Circle Camps.
- Any damages will be billed to the individual, parent, or guardian.

Behavior Management

All campers, staff, and volunteers at Circle Camps are expected to behave appropriately. To accomplish this, all staff are trained in the correct ways to direct behavior. The expected behaviors include the following:

Respect- Campers and staff are encouraged to respect each other and their surroundings. This includes the people, campgrounds, and environment around them. Campers and staff should treat others the way they would like to be treated. They also need to be aware that everyone has the right to their own opinion, and everyone has the right to enjoy the camp as a judgment-free area.

Self-Control- Campers and staff should remain calm, collected, and in control. Through staff and peer mediation, they will be taught how to deal with difficult situations without raising their voice or using physical contact. Staff will also learn how to talk to a camper when acting out and the best ways to deal with this behavior.

Honesty- Campers and staff are encouraged to tell the truth and be honest with each other. Doing this prevents further issues such as lying, stealing, and disrespecting one another.

Courteousness- Campers and staff must be polite and courteous to all campers, staff, and camp visitors.

If everyone at camp addresses these behavior policies, it will help ensure that the camp is fun and fair for all campers and staff. Bunk accords, which are agreements that campers sign on the first day, are used in each bunk to help teach and explain positive behaviors.

If at any time the above rules are not followed, a discipline plan may be put into effect. In the unlikely event that a camper exhibits continued challenging behavior, it is the responsibility of one Circle Camps volunteer to directly attend to the camper. A second volunteer then focuses on attending to the remainder of the group. Discipline should always be fair and consistent. The following is a list of steps that can be used with a camper showing challenging behavior:

- Verbal warning.
- Have the camper remove themselves from the activity and return when they feel ready to participate appropriately.



- Meeting with the Camp Director (completion of a discipline/incident report).
- Calling home to the guardian.
- Being sent home.
- Sent home restricted from future Circle Camps programs.

*Staff will immediately contact the Camp Director if they witness serious violations of the above rules, such as drugs, alcohol, weapons, or abuse.

Challenging Behaviors

At Circle Camps, we expect to see some challenging behaviors. Challenging behavior may occur to access attention and items or to escape and/or avoid a situation. Campers are in a new and unpredictable environment. They are outside their comfort zone and experiencing new situations and emotions for the first time. All behavior is learned and is a product of its circumstances, particularly the events that immediately follow that behavior. It is best to set up the environment in such a way to prevent challenging behavior. Still, if that is not possible, your response to challenging behavior may impact whether or not it occurs in the future. It is best to explain challenging behaviors to promote meaningful change. This can be accomplished by describing exactly what you see rather than relying on explanatory fiction.

For instance, when ____ (antecedent) happened, the camper _____ (behavior), and we responded by _____ (consequence). By explaining behavior this way, you may prevent or make the challenging behavior less likely to occur in the future. All challenging behavior has a function or a purpose. Challenging behavior may occur to access attention and/or items or to escape and/or avoid a situation.

Focus on Positive Behavior

Circle Camps encourage staff to highlight positive behaviors with praise. We can also help children at camp by predicting, preventing, and protecting their challenging behavior.

1. Anticipate and Predict when challenging behavior may occur.
2. Prevent challenging behavior from occurring when possible.
3. Protect both the camper that may be conveying challenging behavior and the other campers when challenging behavior occurs.

Anticipate and predict when challenging behavior may occur

- Consult with primary caregivers and review the camper's application to identify any possible triggers that might instigate challenging behavior. If this information is unavailable, consult with a clinical team member or the Camp Director.
- After challenging behavior occurs, pay close attention to what happened immediately before the challenging behavior to avoid (if possible) that same scenario or environment in the future.
- If problems arise, develop a plan with the staff and/or campers to figure out how to avoid similar situations in the future and how to respond when similar situations arise. This can be



accomplished within a bunk between co-counselors and campers, or if needed, a clinician or director can assist with developing a plan.

- Pay close attention to potential setting events. Setting events are defined as situations that occur prior to challenging behavior that may have increased the likelihood that challenging behaviors may occur. It's important to:
 - identify and address events as they occur to prevent future challenging behavior.
 - For example, it may be necessary to find some additional downtime or have a 1:1 conversation with a camper to develop some strategies to ensure a successful week at camp.
 - Some examples of setting events at camp may include:
 - Homesickness
 - Skill deficits.
 - Challenge in making friends and finding a supportive friend (especially when technology is not the means for communication).
 - Lack of knowledge regarding Self-cares. Unable to perform some of the camp activities (biking, climbing).
 - Illness.
 - Exhaustion.
 - Stressors at home.

How to prevent challenging behaviors from occurring when possible

When challenging behavior occurs, the team should assume that it will happen again unless they take measures to prevent the scenarios from occurring or equip the camper with appropriate skills to navigate the experience differently. Circle Camps advocates for a transformative experience for all campers. Circle Camps encourages the use of positive reinforcement for appropriate camper behavior as well as applying redirection and prevention strategies and offering campers opportunities to learn and grow when appropriate. Staff must follow the rules and model appropriate behaviors for campers. Leaders establish respect for rules and guidelines when they model that respect. It is imperative to enforce rules consistently, and any leniency may cause confusion or distrust by the campers. When challenging behavior occurs, the Camp Director and Leadership Team may determine that specific consequences are necessary.

- Provide necessary supervision at all times. Counselors should remain with their campers at all times and follow the “rule of three.” (ensuring that there are three or more people gathering at one time)
- Establish clear expectations at the start of each activity.
 - Model the rules and expectations when participating in the activity.
 - Allow campers to practice/rehearse appropriate behaviors and provide feedback when they do the right thing.
 - Remind campers of the expectations throughout the activity.
- Provide opportunities for choice (freedom) within a structure.



- o For instance, you can go anywhere during Rec period as long as two other people are with you.
- Praise and bring attention to desirable behaviors when they occur. Communicate with co-counselors so they can keep an eye out for good behavior.
 - o Bring attention to kind, respectful individuals who follow the rules.
 - o For instance, “I like how Tony sits on the bench waiting for directions. He is ready to climb the rock wall.”
 - o For campers who seek attention, give them opportunities to access attention appropriately (Examples: camp shout-outs, dancing in the dining hall, extra responsibility, encouraging a special interest or talent).
- Prepare for future experiences by having conversations about expectations and concerns. Ask campers what they are excited about and what they are nervous about.
 - o Talk about challenges campers may face.
 - o Encourage personal goal setting and emphasize bettering yourself rather than comparing to others.
- Build relationships with campers. Get to know campers’ names or reference their name necklace. Get to know something about them. Find some common interests or characteristics.
 - o Be kind and engage in respectful exchanges with campers. Model respect with other camp staff. Be careful with sarcasm and inside jokes.
 - o Fill each camper’s bucket! “All day long, we are filling up or dipping into each other’s buckets by what we say and do. Try to fill a bucket and see what happens.” – Carol McCloud
- Minimize triggers when possible. Triggers may include low rates of positive attention from peers and staff, frequent corrections, personal conflicts, or a series of failures.
- Redirect and distract when appropriate.
 - o For example, if you see a camper becoming increasingly agitated about something, redirect to a new activity or topic of conversation.
- When anticipating upcoming transitions or changes, such as meals and new experiences, provide warnings.
- **All campers deserve dignity and, therefore, should be valued and respected.**
- Ask for support when needed. As camp staff, we don’t expect you to have all the answers or know how to respond in all scenarios. Never hesitate to ask the veteran staff or the Leadership Team for guidance.
- Model leadership skills.
 - o Model vulnerability – be willing to admit when you are wrong and ask for forgiveness.
- Things to avoid:
 - o Counselors should avoid being overly critical or demanding of camper’s performance and participation. Remember all activities are “challenge by choice.” of the level, participation is up to the camper in all scenarios.



Always remember that challenging behavior occurs for a purpose, and as an adult and a leader, it's essential to make every opportunity a chance to learn and grow. Avoid becoming offended by challenging behavior.

Positive Reinforcement

Circle Camps' advocates a guidance and discipline policy emphasizing positive reinforcement, redirection, prevention, and the development of self-discipline. Circle Camps' staff and volunteers remind campers that camp rules are established for the safety and to ensure that we have a common standard of behavior. As staff members, we need to show the campers that we see the need to follow the rules ourselves. Please do not contradict the established guidelines. Corrective discipline must be a creative, caring effort on the part of the counselor, and it needs to be upheld with the intent that the camper feels supported in the redirection; it must be seen as such by the camper. Always suggest positive alternatives to unacceptable behavior before it gets out of control.

1. Discuss rules with campers and identify out-of-bounds areas.
2. Discuss the possible consequences of breaking any rule:
 - a. Quiet time.
 - b. Restriction from activity.
 - c. Restriction to adult supervision.
 - e. Conference with Camp Director.
 - f. Conference with guardian/director.
 - g. Removal from the camp.
3. Enforce all rules at all times, without malice, and be consistent in application.
4. Inform the Camp Director of all disciplinary measures.
5. Never allow discipline to include depriving a camper of sleep, food, or restroom privileges, placing a camper alone without supervision, or subjecting a camper to ridicule, shaming, threat, corporal punishment (striking, biting, kicking, squeezing), washing out the mouth, or physical exercise or restraint.
6. Circle Camps periodically evaluates the program/staff/camper groups to ensure that the camp environment is not contributing to behavior problems.

Protect the camp and other campers when challenging behavior occurs

When a camper becomes noticeably agitated, balance the camper's need for attention versus their need for space.

- o Put a name on the feeling/behavior
- "I can tell by your (face, body actions) that you are getting frustrated..."
 - o Communicate concern and empathy
- "... and I want to help."
 - o Redirect back to activity if possible (may serve as a distraction)
 - o Provide space (quiet space) for cooling off
 - o Offer choices



- Offer opportunities for brief disengagement (sitting away from the group, refilling water bottle, short walk)
- o Keep interactions brief
- o Keep in close proximity

If the camper begins engaging in more challenging behavior or appears more agitated as time passes.

- Pause and think, “Is this an emergency situation?”
 - o If yes, seek assistance immediately.
- Avoid anything that will make it worse.
- Assess your body language
 - o Do you need to pause or reset before responding?
- Use a calm but severe tone and facial expression.
- Remove triggers if possible
 - o Disengage (don’t talk) if needed.
- Establish the bottom line and stick to it.
 - o Make “do” statements, reminding the camper what to do.
 - Not questions.
 - Use “You need to...”
 - o Your “do” statement should be something a camper can do quickly, readily, or easily
 - “You need to sit down in your chair/As soon as you’re sitting in your chair...”
 - NOT “You need to stop this right now.”
 - o Administer the same “do” statement over and over (e.g., broken record) Every 2 min to allow for a response.
 - o If you feel uncomfortable in the situation, please send or use a Walkie-Talkie to get someone for assistance from the Leadership Team.

If severe challenging behavior occurs, such as aggression to self or others or property destruction:

- **Your priority** is to keep all campers (including the camper in crisis and camp staff) safe.
 - o Call for help.
 - o Make sure everyone is safe and unharmed.
 - o Give the camper time and space to calm down.
 - o Engage in a low-effort activity that is fairly easy to get camper back into the swing of things.
 - o Offer a snack or water.
 - o Evacuate other campers from the area, if needed (rely on other staff/other volunteers to continue programming elsewhere),
 - o Remove dangerous items if you can (push chairs out of the way; remove sharp objects).



- o Disengage from the camper.
 - Don't do or say anything that will escalate the situation,
 - Repeat the bottom line (if it doesn't make things worse),
 - After the camper appears calm (no physical or verbal aggression and property destruction for 5-10 min), the camper may appear confused or disoriented. The camper may try to deny or minimize the problem or blame others. The camper may request alone time or to speak with someone specific.
- o **Do not** provide access to the most preferred activity or item.

Positive re-entry into activities

After the camper is calm and has recovered from the situation, the focus is on getting the camper back in the ready-to-engage state. Consider the following steps to facilitate the transition back to camp activities to decrease challenging behavior in the future.

- Reinforce ANY appropriate behavior.
- Follow through with consequences after debriefing.
- Do not rub in their face what happened.
- During conversations about challenging behavior, staff should remain:
 - o Calm.
 - o Straight forward/matter of fact.
 - o Focused on facts.
 - o Unemotional.

When appropriate, debrief with the camper about the situation.

- Ask the camper to give their side of the story.
 - o Don't argue about it, even if it's not the way you saw it.
- Try to help the camper self-identify different actions to take next time
 - o Don't force the camper to apologize.
- Whatever you do, don't say things that will result in regression
 - o Avoid placing blame.
 - o Don't nag.
- This is the only time it's appropriate to ask "WHY."
 - o Not all children can articulate "why" they engaged in challenging behavior. If they were, they likely would not have engaged in challenging behavior.
 - Consider the child's age and communication abilities
 - o Just because the child can't articulate "why" doesn't mean the behavior has no purpose.
 - All behavior has a purpose (function).
 - The child's reason may not match the actual behavior function they chose to act out.
 - o If the camper can articulate "why," that "why" is always valid.
 - **Don't argue with the camper; just say, "you're probably right."**



Common Challenging Behaviors Scenarios at Camp

“The **Bully or Show-Off**” Some campers may be especially competitive with their peers or seek extra attention for their accomplishments, which may alienate them from the rest of the campers. In these situations, encourage the camper to compete with themselves instead. For example, you might tell them, “let’s see if you can beat your own time.” Foster teamwork and encouragement by modeling and explaining what this looks like across all camp activities. Sometimes, campers may benefit from a 1:1 conversation about strategies for being a supportive friend.

Fighting. When campers are unable to express their wants and needs, they may resort to physical fighting. This may begin with a verbal altercation or “fooling around.” Counselors should be attentive to camper conversations and maintain adequate supervision to avoid these scenarios. When a fight breaks out, separate the combatants immediately. Let your voice show calmness and mature authority. Attempt to give them time to cool down. Watch facial expressions that indicate the amount of tension present. Disallow angry verbal exchanges and physically remove combatants to a “safe distance” from each other if necessary. Fights that involve serious contact (hitting, kicking, biting, punching) require both combatants to visit the nurse, who will check for bruising and internal injuries. The Nurse will decide when the campers can resume activities. An incident report should be completed.

Once combatants have regained composure, try one or more of the following:

- Calmly discuss the situation separately with each individual. Emphasize resolving the problem, not placing blame. Aim for a mutual “shake hands and makeup” plan.
- Hold a face-to-face hearing where each participant describes their version without interrupting the other. Attempt to help each see the other side, reconcile differences, make up, and forgive.
- Allow the individuals to discuss the situation between themselves privately if you are sure the anger has dissipated. You can help mediate if they wish. Emphasis should be placed on strategies to prevent this scenario in the future and how to ask for help when things escalate.
- Invoke a logical consequence if apparent provocation can be established or if this is a repeat offense. (See the Camp Behavior Management Policy).

Stealing When campers steal, they may have been experiencing food insecurity associated with fear of not having enough food or material items. Prevent stealing by establishing an atmosphere of trust among all group members. Discuss openly the need to respect each other’s property. Establish group rules so campers understand the importance of protecting every individual’s property and define sanctions for rule infractions. Always discourage campers from leaving valuables out in the open unnecessarily. If stealing still occurs:

- Allow the offender to return the article anonymously, without punishment.



- The counselor may need to play detective if the item is not returned and the offender is still not identified. Be cautious in seeking group cooperation to avoid ostracizing the offender.
- If there is evidence to identify an offender, deal with the camper privately. Give them a chance to make restitution and plan together to avoid repeat behaviors.
- If evidence is lacking regarding the offender's identity, try handing out sheets of paper to each group member. Have them write either "I did not take it" or "I did take it, and I'm sorry," and sign their name. Allow them to secretly return the papers to their counselor. Deal with the offender privately at a later time.
- If the problem persists, follow camp procedures and inform the Camp Director.

Restraining a Camper

Restraint should only be used for campers who are an imminent danger to themselves or others. Staff should ensure the camper's safety and engage in restraining the camper. Restraint should be implemented safely and humanely without any intent to harm or create undue discomfort for the camper. **Prone restraints**, which occur when an individual is placed face down on the floor, or another surface and physical pressure is applied to the camper to keep the individual in that position, **are prohibited** in all situations. **Circle Camps' staff and volunteers are not trained in physical restraint and, therefore, will never restrain a camper.**



Dining Room Rules

Kitchen Hours

The kitchen will be closed after supper and clean up until breakfast the next day. Only designated staff are permitted in the kitchen.

Coffee - Hot Water

Coffee cups are to remain in the Dining Hall.

Dining Hall Procedures

1. Except for assigned staff members, the kitchen is off-limits.
2. Please be on time for meals.
3. Silverware, plates, napkins, salt, pepper, beverages, cups, and some food will be preset when campers enter the Dining Hall.
4. As meal service begins, two representatives from each table go to the service area to receive their table's platter(s).
5. The salad bar(s) will be on either side of the Dining Hall. Please do not go to these areas until meal service begins.
6. If the table needs seconds on an item, please ask a neighboring table before going to the line. The Dining Hall Host will announce 'seconds' for everyone should they be needed. If seconds are needed on an item, and a neighboring table does not have any, please send one representative to the service line with the appropriate platter once seconds have been called.
7. Beverage Refills: please send one person to refill pitchers at the drink station. There are ice dispensers at the drink stations.
8. Dessert may not always be served from the meal service line. Please listen for instructions on where and when dessert will be located and ready. Only one (1) dessert is available per person.

Clean Up

During clean-up time, all groups are cleaning simultaneously. Clean-up must be done prior to any singing and/or other announcements. All campers, staff, and volunteers can help with clean-up.

Encourage all campers to help with clean-up time! Campers, staff, and volunteers play the primary role in ensuring that the area is clean and free of debris. CTL kitchen staff will ensure that the Dining Hall is kept clean daily.

1. A bus tub will be provided for each table to utilize.
2. A cabin member should scrape all food & paper onto the largest platter and then into a trashcan. The dishes, silverware, and glasses should be placed into the bus tub (please do not put silverware in the trash). Please separate all items into either trash, recycling, or composting (site dependent). All liquids should be poured into the pitchers.
3. The bus tub should then be taken to the dishwashing area, and the pitchers should be placed on the appropriate rack.
4. The table should be wiped clean with a green rag and a sanitizer bottle on the silver rack.



5. The floor around and under the table should be swept after each meal.
6. When leaving the Dining Hall — stack chairs and push them against the window or flip them on the table as directed by the Dining Hall Host.
7. Please let the kitchen staff know of any major spills.
8. Please do not take any food or Dining Hall service items, such as glasses, plates, or silverware from the Dining Hall.
9. Please ensure that everyone stays in their seat until the Dining Hall is dismissed.

General Information for Circle Camps

AKA Glossary

Bed Bugs: If bed bugs are suspected in a facility or personnel items, vocalize the concern to the Camp Director or Head Nurse. Either Camp Director or Head Nurse will notify affected campers, staff, volunteers, and host camp.

Bedwetting: If you know that a camper in your bunk has problems with bedwetting (this will be noted on her Camper Report), touch base with the nurses to create a plan. There is extra bedding in the Health Center. Let the nurses know if you need extra sheets and bring soiled sheets to the Health Center; one of the nurses will return them to you by the end of the day. Please be supportive of the camper, be discrete, and do not in any way express shame.

Bell (TAP): We use a large, loud bell to signify the start and end of activity periods. The bell is rung 5-7 times. If you have a ^ next to your name on the schedule, you are responsible for ringing the bell at the beginning and end of that period. Make sure you know when to ring the bell (see daily schedule). When the previous activity ends, head to the bell, so you are not late. An alarm clock is near the bell. Take the alarm clock with you and set it for five minutes before the end of the period. Keep it close to you during the entire period so you can hear it. At the end of the period, after you ring the bell, leave the alarm clock at the bell for the next ringer. ^ = morning bell ringer, * = afternoon bell ringer, Ann S is the evening activity bell ringer. THE BELL is also our emergency warning system; you can tell if there is an emergency if you hear a series of three rings. Campers should not ring the bell.

Bunk Accord: On the first day, the campers should create their Bunk Accord and post it in their bunk. Below is a sample of a Bunk Accord.

As a camper at a Circle Camp, I understand that:

- Circle Camps has a zero-tolerance policy for bullying.
- I will show respect to all members of the Circle family at all times.
- I will not act in a way that is harmful to others.
- I will take excellent care of all camp property and equipment.
- I will give my counselor all my iPods, cell phone, and any food or candy.
- I will do a bunk clean-up chore, straighten my belongings, and make my bed daily.



- I will travel with my group from one activity to another at all times.

Bunk Clean-Up: To remain in accordance with our COVID-19 policies, each bunk must be disinfected daily to a reasonable extent. It is most important to clean high use areas such as bathrooms, handles, sinks, etc.

Bunk Counselor: this title is reserved for the staff or volunteer who supervises and leads the campers while on site. This position is a live-in cabin role, and these counselors provide direct care and supervision to the campers assigned within their cabin. These individuals should look to the Camp Director for direction or ask questions.

Bunk Supervision (BS): All bunk counselors should be in the bunks until 9:30 pm each night to help campers settle and be in bed. When you are scheduled for Bunk Supervision (BS), you are expected to stay in the bunk for the remainder of the night. All other bunk counselors can go up to the Main Lodge/Wifi shack/shower from 9:30 pm until curfew at 11:00 pm. Remember, sound travels very clearly at camp. Please be quiet! You may swap supervision nights with your co-counselor, as long as everyone agrees and there is still bunk coverage.

Note: All bunk counselors are expected to return to their bunks during rest and rec periods unless otherwise tasked. If there aren't enough bunk counselors during these times, a female NBC may be scheduled to help cover the bunk/shower. You may leave the bunk in the morning as long as one bunk counselor stays with the campers. All bunk counselors are also expected to be in the bunk each morning at Reveille to help the campers get up and out the door for breakfast.

Bus Notes: Bus notes are a great way to conclude the week at camp. Be sure to collect enough paper and markers ahead of time! Encourage each girl to write each bunkmate a nice note for them to read on the bus ride home. It is important to establish that everybody wants to participate, because the girls must write a note to all of their bunkmates and cannot pick and choose who they want to write to. This is a great mood booster. It is a way for the girls to write about a favorite moment they shared with a bunkmate, a funny memory, how their bunkmate may have inspired them, etc. If possible, grab an envelope or bag for each girl for their bunkmates to drop their notes into.

Camp Director: Our Camp Directors are Sara Mac Donald (EKC, TAP), Bex Oring (LIT), and Garbo David (CTL); they have been with Circle Camps for many years. As Camp Directors, they are responsible for the day-to-day operations and are a go-to person when we have questions, concerns, and suggestions.

Campfire: This event helps us to celebrate our beautiful surroundings. During our campfire, we can enjoy the warmth and power of the fire, the kindred connections made within our Circle family, and the gift of our time together. Literally, we fuel the fire with logs and sticks; figuratively, we fuel it with our presence and participation. Campfire time includes speeches, songs, and laughter. Campfire time is both a fun activity and a time to be respectful and serious. There is no talking, starting with the walk to the campfire and ending with the walk from the campfire. The LIT2 organize and plan the campfire ceremony.

Circle of the Stars: Circle of the Stars Talent Show may be the only time campers appear in front of an audience and receive applause. Regardless of talent, we get to encourage and applaud our campers'



practice. Some are individual, and bunk acts; some are silly skits, and others demonstrate skills and talents.

Clinical Director: Our Clinical Director, Ariel Goehring, holds an MSW and LSW. She and other clinicians assist with behaviors connected to grief or another mental-health issue. If a camper is exhibiting behaviors that make you uncomfortable, please find Ariel or a clinical team member (if the issue is behavioral, please find Sara). During activity periods, a clinician is always available at an alternate activity location specified on the schedule. Check the bottom of the counselor schedule if you need to find a Clinician during an activity period.

Closing Circle: During the week we're together at Circle, each camper's bunk functions as their temporary 'family' unit. On our last day of camp, each bunk comes together in a Closing Circle to acknowledge that their time at camp and their time together as a bunk is ending. We must allow the campers to say goodbye to their bunk family. This is especially significant for campers who didn't have a chance to say goodbye to the parent who died. **Bunk counselors lead** their own bunk's Closing Circle. When it's time for your Closing Circle, wait until all campers are present to start. Let the campers know how much time they have for their Closing Circle and remind them that this is a special time set aside for the bunk to share their thoughts and say goodbye. You might want to continue by sharing an observation of your own. Try to make sure that everyone gets time to say something. If you're aware that some campers haven't shared, consider asking, "Who hasn't spoken or would like to add something?" Pick up on feelings that are expressed. For instance, if a camper says they are sad to go home, you can repeat, "Yes, it is sad for us to be leaving." Some campers may agree; others may express a different feeling or try to offer comfort. All are fine. Remember, we don't try to change a camper's feelings – we hear their words and listen. Younger campers may manage their feelings and those circle differently than older campers. Their comments may be more concrete and less introspective. The important thing is that they are together and saying goodbye.

Reminder: Although we cannot be in touch with campers over the winter, they are free to contact each other

Community Circle: The bunk counselors facilitate bunk time at the end of each day to wrap up, wind down, reflect on the day and give appreciations.

Executive Director: Lane Shelton is the Executive Director of Circle Camps. She has extensive experience working with camps, campers, and volunteers, and she oversees the entire organization of Circle Camps, from fundraising to camper recruitment to ordering the ice cream bars. When at Camp, check the Gaga pit!

Flagpole: This activity occurs during pre-breakfast, lunch, and/or dinner programming. Cabins will participate in the flag raising, singing, dancing, cheers, and more. While the USA flag joins us as a country, various other flags will be placed underneath the USA flag. By the leadership of LIT 1s.

Grace: This is a time of reflection before every meal. We use traditional "song" style blessings to give thanks for the food and the hands that made it. The Blessing is introduced before the first meal service, which typically signifies that the meal has begun.

Grief Activities: Campers are offered several weekly opportunities to participate in grief activities.



While several activities are designed for certain age levels, two of the activities listed below are for all campers. Our Moments (OM) is also included, as campers may choose to share this activity with counselors. A Clinical Team member facilitates all grief activities.

- Circle Time: Each year, our first grief activity occurs in every bunk during Circle Time. The campers bring a picture of the parent who died with them as we come together in a circle. The clinician facilitating the Circle begins by introducing themselves, welcoming the campers to Circle Time, and giving other clinicians in the circle a chance to introduce themselves. The clinician then explains that during most of the time that we're together at camp, we'll be busy going from one camp activity to another but that Circle Time is a time for special sharing. In bunks with returning campers, we ask for a camper to help explain what they remember about Circle Time. We thank them and remind the campers that everyone will have a turn and of the importance of being good listeners.
- Our Moments (OM): OM is an extension of what the LIT2s share during their Circle time. Developmentally, the LITs are at an age where they realize and reflect upon the depth of their losses at a different level than younger campers. Each LIT2 is asked to choose a "moment" that reflects some aspect of their grief and then select a creative way (poetry, art, song) to express this moment/experience. Each LIT2 is encouraged to express their feelings in a way they feel comfortable. LIT2s share their moments and then have the option of sharing their moments with the Circle counselor community on Thursday night after Taps. We will coordinate bunk supervision so as many counselors as possible can attend.
If you plan to attend, note that counselors have described this as an intense, emotional experience. If you are uncomfortable witnessing raw emotion, think about if this is the right setting for you.
- Rock Ceremony: This ceremony is our only formal, all-camp grief activity and is centered around three powerful symbols:
 - the circle, which represents unity, connection, and inclusiveness.
 - The tree for its life with growing roots and branches.
 - The rocks for the unique individuality of each of us and our enduring, cherished memories.

As we walk, stand, and sing together during the rock ceremony, we focus on supporting one another by spending quiet, reflective, and respectful time remembering those who have died. During this time, we also strive to appreciate the beautiful setting of the mountains to one side and the lake to the other. At the end of the ceremony, we all blow bubbles and share time in our Memory Garden. **Counselors, make sure to talk about this ceremony beforehand with your campers.**

CIRCLE OF LOVE

*Make a circle around our tree / Leave a rock for a memory
For the ones, we are thinking of / We make a circle of love*

Head Nurse: Our Head Nurse holds an MSN and RN. While at camp, she oversees other nurses and is responsible for distributing the medication before/after breakfast and dinner and distributing medication individually throughout the day. If a camper presents a physical medical issue, find a nurse. If the problem is a simple scrape or itchy bug bite, please use the provided first aid kit in each bunk to



take care of the camper. Locate one of these team members by checking the schedule or finding someone with a Walkie-Talkie.

Lake Swim – (TAP): Counselor lake swims will be offered for those who have passed the extended “lake swim” swim test. If you want to participate, you must let the Head of Waterfront know by the previous meal. The waterfront will be closed if no one is doing the lake swim. Coordinate with your co-counselor to ensure bunk coverage.

Leaders In Training (LITs): These individuals are the older campers who have taken on specific roles and responsibilities to learn to step into leadership roles. The LIT1s and LIT2s will be at camp daily while the LIT3s and 4 are off site much or all of the week. LIT3s building and LIT4s hiking.

Leadership Team: This team consists of the following individuals: Executive Director (Lane Shelton), Program Director (Garbo David), Camp Directors(s) (Sara Mac Donald and Bex Oring), Clinical Director (Ariel Goehring), and Social Media Director (Ricky Emmons). These individuals provide direct support to the camp community and serve as a resource to all camp community members.

Mandated Reporter: All Circle Camps’ staff must protect the campers' well-being in our care. If a counselor or clinical team member becomes aware of circumstances that may pose a risk or potential harm to one of our campers, it is important that they report this circumstance to the Clinical Director, Head Nurse, or Camp Director immediately so that they can ask for direction and receive follow up support. A counselor or clinical team member should report risk or potential harm related to physical, sexual, or emotional abuse or neglect of a camper while at home or not in the circle. Psychologists, licensed social workers, teachers, and nurses are mandated reporters and have the responsibility of reporting suspected child abuse. Camp administrators and counselors must also report when a child may be a victim of abuse or neglect.

Medical Center (Health Lodge): This area is designated for healthcare-related procedures and is equipped with basic healthcare-related supplies. Activities such as medication administration, First Aid, or use as an infirmary are common in this area.

Morning Meetings (EKC, TAP): Morning meetings occur five minutes before breakfast when bunkmates come together to welcome the day. This might include sharing appreciation, sharing a word for the day, participating in Dynamic Mindfulness activities, or sharing a song or other small gesture before heading to breakfast.

Non-Bunk Counselor – NBC: This counselor is either a staff or volunteer who supervises and leads the campers while on site. This position does not live in the cabins with the campers. This individual should look to the Camp Director for direction or ask questions.

Partner Camps: Partner camps are Emma Kaufman, Camp (EKC) Morgantown, WV. Camp Twin Lakes (CTL), Winder, GA, and Camp Tapawingo (TAP) Sweden, ME.

Phones (and other devices): Circle Camps strives to be a cell phone free environment for all members of our camp community. While some members of the camp community may have access to cell phones for necessary day-to-day communication, Circle Camps expect that this use will be reduced



significantly while at camp and never in the presence of campers.

Circle Camps maintains a strict No Cell Phone Policy for all our campers during their camp session. All camp staff and volunteers are expected to confiscate all cell phones from campers if seen or made aware of their possession of such devices. All confiscated devices must be turned over to the Circle Camps Camp Director and the camper's name and cabin assignment. The Camp Director should return these devices to the individual before camper pick-up.

Photography: Ricky, Charlie, and Garbo are our photographers and will take activity and candid photos that will be used for social media and the slide show. **Bunk pictures** (at Rest or Rec) will be scheduled and taken throughout the week. Ask your campers to decide where they want their bunk picture taken. Campers wear their Circle t-shirts for bunk pictures. Counselors are also encouraged to wear their Circle shirts. *Bunk counselors will need to remind their campers ☺

Program Director: Garbo (Sandra David) is our Program Director; she works with the Executive Director and Camp Director(s) to plan schedules and implement camp sessions. Garbo supervises the Camp Directors, Clinical Director, and Head Nurse. She or her designee will be on site for the duration of the Camp session. Garbo is part of the Circle Camps Leadership Team.

Rainy Day Activities: No day at camp shall ever be wasted, not even a rainy one! Any day at camp is fun, rain or shine. We will offer a long list of large and smaller group programs that can take place indoors during surprise storms and showers.

Rec Period: Every day after the 6th period, campers get a “Rec” period. Campers have free time during Rec period; one bunk counselor will be responsible for knowing where their campers are during Rec. Campers can choose to be in their bunk during this time, or they can choose to play outside of the bunk. Campers may not visit other bunks at any time. Also, campers will not be allowed at the waterfront during Rec unless they are there for a swim test or a make-up tubing period.

Showers (TAP): One counselor must be in the shower house with campers. The other counselor stays in the bunk. Coordinate with your co-counselor or another counselor to make sure both locations are covered. The camper shower schedule is below. In case of a schedule conflict, Teens can shower QUIETLY after Taps. Counselors can shower during their off periods or after Taps.

Singing / Spirit Time/Spirit Chant: This is a post-meal and post-clean up activity where campers, volunteers, and staff spread camp cheer throughout the camp by singing, dancing, cheering, and more. Either campers, staff, or volunteers will direct when Spirit Time is ready to begin.

Snack and Free Play (CTL): Snack and Free Play will be held at the center green and the farm at the outpost Monday through Thursday for 30 minutes in the afternoon. Circle staff and volunteers must be present to provide support at whichever location is closest to their previous program session. This serves as an intentional, unstructured time to allow our campers to develop social skills and enhance their creativity, imagination, and problem-solving skills.

Teen Choice (EKC & TAP): Teen campers have “choice” periods this summer, on Wednesday and Thursday. They are given options and can sign up for their preferences on Monday. The goal is to let



the campers attend activities with campers from other bunks and to let them have some say in what activities they do. Counselors scheduled for a choice activity may be asked to switch to a different one, depending on the number of campers signing up. Counselors scheduled for Teen Choice Signups are needed to help with sign-ups. Masks are required during teen choice sign-up as it will happen indoors.

Universal Precaution includes:

- Hand hygiene.
- Use personal protective equipment (e.g., gloves, masks, eyewear).
- Respiratory hygiene/cough etiquette.
- Sharps safety (engineering and work practice controls).
- Safe injection practices (i.e., aseptic technique for parenteral medications).
- Sterile instruments and devices.
- Clean and disinfect environmental surfaces.

Waterfront, Pool, Lakefront: See the specific section about Waterfront, Pool, and Lake. These areas are fun and have no access policies for campers and volunteers unless a guard is on duty and the area is marked open.

Walkie-Talkies: Lane, Sara, Garbo, Bex, Ariel, Sara, and the various Nurses will carry walkie-talkies. At CTL Walkie-Talkies are in each bunk.



Stages of Youth Development

Use this list to guide your understanding of the age groups you will work with this summer. While these traits are considered "typical" of each age group. Please remember that no two campers are alike, and each possess unique qualities worth celebrating! Additionally, it is important to note that a camper's chronological age may not always reflect their developmental level.

Ages 5-8

- Energetic and enjoy physical activities.
- Concrete thinkers: use 5 senses to help children experience and explore. This age is naturally curious.
- Routine and consistency are extremely important.
- Need specific, clear instructions, and it may take longer to get ready and transition from place to place.
- Countdowns are a helpful tool ("in ten minutes, the lights will be turned off; "in five minutes...")
- May seem to care more about working on a project than actually completing it; remember that the process is more important than the product!
- Need activities that focus on "we" instead of "me." Provide opportunities that foster cooperation and teamwork rather than competition.
- May have several "best friends." Vary activities, so that youth are getting a balance of attention as
 - individuals and in small groups.
- Like to try new things but have a short attention span! Alternate high-medium-low energy activities to maintain engagement.
- Will need reminders about and help with personal hygiene, cleanliness, and other routine tasks like making beds.
- Need plenty of rest and nourishment. Please be aware that children this age may be slow eaters and need help cutting food. Early to bed, early to rise!
- Seek adult approval and are sensitive to criticism: need extra TLC, patience, and praise!

Ages 9-11

- Love camp and are excited to do everything! This group has boundless energy and is eager to try new things, but they also have interests that change rapidly. They need to be active and involved. Provide a wide variety of brief learning experiences that are fun to do.
- Usually, do best when information is presented in small "chunks"... Keep it short and simple!
- Many characteristics from the younger group are still true of children in this age range. They will generally be more self-sufficient and need less help with basic tasks.
- May still need reminders about personal hygiene and cleanliness.
- Routine and consistency continue to be very important.
- Like group activities with members of the same sex.



- Eager to please counselors- will look up to you (and older campers). Campers of this age will observe and mimic EVERYTHING you do and say!
- They are extremely curious and will learn by finding some answers on their own. PATIENCE is key!
- Don't like to be compared with others; instead, compare the past/present performance of the individual.
- Need ongoing praise and recognition from their counselor!

Ages 12-14

- Crave belonging to a peer group and try hard to form relationships; they want to be included.
- They are going through many physical and emotional changes at varying rates. Campers can be self-conscious and critical in all sizes and shapes, and they may be embarrassed to change clothes in front of others.
- Beware of drama and extreme feelings; validate the feelings that they have.
- Are interested in activities involving boys and girls.
- Talk centers around the opposite sex. Creatively change the subject now and then!
- Many have older or adult idols; create opportunities for older teens to work with this age group.
- Test independence but still want an authority figure. Usually they are not “too cool for school.” Involve campers in deciding guidelines for the group.
- Usually enthusiastic about camp activities, especially those competitive in nature.
- Ready for leadership experience; give opportunities to plan activities with your guidance.
- Respond well to encouragement and honest praise.
- Sarcasm is easily misunderstood at this age!
- Tendency to tease and put-down ... set expectations early! Tell them you will remind them not to do this if they forget. Find ways to use peer pressure as a positive influence.

- **Ages 15-17**Emerging sense of self-identity and a developing sense of philosophy.
- Peer group affiliation and a strong desire for status within that group are often their primary concern. Establish an environment that is conducive to encouragement for all.
- Want leadership roles and a chance to assert a strong voice in planning my own programs. Provide guidance and suggestions rather than step-by-step instructions.
- Reach high levels of abstract thinking and problem solving. Allow this age to make and carry out plans and then evaluate the results.
- Are restricting areas of interest; may need to suggest related areas to give a broader outlook.
- Want to be independent and treated like an adult. However, they may benefit from being encouraged to try silly and fun things without fear (they're not as old as they look!)
- Suspicious of anyone in “authority” and like to test limits. There is a fine line between being a friend and a counselor. Be firm yet respectful regarding expectations.
- Are developing a sense of the greater community; service opportunities are a good way for this group to give back.
- Respond well to counselors/adults who show sincere respect.



- Have more “free time” than other campers; they need supervision and their “space” simultaneously!
- Their enthusiasm for camp activities is CONTAGIOUS!
- HUMOR works well!

Activities and Programs

At Circle Camps it is important to have a goal and/or objective for each of our activities. Some of those goals or objectives may seem more clearly outlined, while others may be more passive depending on the activity. Below are some of our guiding goals and objectives for the Camp as a whole as well as for our program session:

- **Increase Independence** - Campers will be given opportunities to challenge themselves while negotiating obstacles in their lives. Through decision-making, self-care, and care for their environment, campers will be able to increase their independence.
- **Improve Self Confidence** - Campers will have opportunities to develop self-confidence through skill-based activities that are focused on success. Success focused programs will teach campers the value of making mistakes and how they can use those mistakes to improve their success as they tackle assigned tasks.
- **Develop Leadership and Problem-Solving Skills** - Campers will get to try out leadership roles where they can learn how to lead and problem-solve as they guide their team through activities.
- **Uphold Values of Respect, Attitude, Growth, and Acceptance** - Campers will be exposed to these values during every activity at Circle Camps. We hope that all of our partners will adopt these values. Campers will learn the importance of these values via direct teaching, practice, and role modeling.

At Circle Camps, we aspire to provide activities and programs that are more than simply “fun.” While fun is the foundation of the camping experience, other characteristics are important when planning successful programming. Therefore, each activity should be progressive and challenging. Volunteers will play an important part in helping to carefully plan activities based on the campers' needs and interests.

In general, Circle Camps’ programming provides:

- A variety of activities.
- Equal opportunities for all campers to participate.
- Co-recreational activities.
- Outlets for creative expression.
- A safe place to play and engage with others.
- Opportunities for leaders to develop activities and across each activity area.



- Active and passive activities.
- Maximum use of equipment and facilities.
- Opportunities to develop life-long leisure skills.

To plan appropriate activities, a good leader should also consider the age-based characteristics and capabilities of the group of participants. Please refer to the following pages regarding the ages and stages of youth development while working with camps.

Arts and Crafts

When you first arrive as a volunteer within the Arts and Crafts department, note the age group that you will be working with.

Gather the materials that you will need for that specific activity.

Once the campers arrive, introduce yourself to the group and describe the project they will be working on.

Finally, pass out the materials and let the kids create their projects while providing guidance and supervision.

Arts and Crafts Rules

- Use materials wisely and mindfully.
- Do not run with scissors.
- Clean up your mess.
- Be mindful and considerate of others.

Bunk Games

Name Game

(this one is great for the first day)

Directions:

Sit in a circle and ask a counselor to begin. They will start with their name, an adjective, and a food they like to eat. The adjective and food must match the first letter of their name. For example, "I am silly Samantha, and I like to eat sandwiches" or "I am awesome Amanda, and I like to eat applesauce." The first player will give her statement, and the following player will repeat the previous player's statement, followed by her own. As the game goes down the circle, it gets more difficult as the players need to state each person's statement before their own.

Leave the counselors until the end and see if they can repeat all of the girls' names and statements! The group can help share reminders if anyone gets stuck.

Guess Who?

Be sure to grab:

- a hat or bowl
- slips of paper and pens!

Give each girl 3 slips of paper and a pen

Ask them to write down 3 silly facts or quick tidbits about themselves without revealing who they are. Make sure you tell them to only share things they want the group to know about them since their identity will be revealed.

Each slip gets folded up and goes into a hat or bowl.



Each girl goes around and chooses one out of the hat or bowl, reads aloud, and makes a guess about whose slip it is!

If this seems too difficult, you can have them write down 2 or 3 facts on ONE piece of paper, making it easier to guess!

I have a friend who...

Create a wide circle and have each girl remove her shoes and place them behind her to mark the circle. Remove one pair of shoes from the circle.

One girl or counselor stands in the middle and states, "I have a friend who..."

The sentence should end with a statement they associate with and who they think others will.

For example:

- "I have a friend who likes to go tubing."
- "I have a friend who has a dog."
- "I have a friend who loves camp!"

Any campers or counselors who agree with or can relate to the statement run into the middle of the circle and then run back to the edge to find a spot by an empty pair of shoes. You are not allowed to run to the set of shoes next to you!

This leaves one girl or counselor in the middle to continue the game!

The Birthday Shuffle

Challenge the girls to form one line in order of birthdays by date from January to December.

The trick is: no talking allowed!

This or That?

(aka: would you rather)

Each counselor stands at one end of a room with the campers in the middle. One counselor yells out a "this" and one counselor yells out a "that." The campers run to the side of whichever counselor they agree with. The sentence can begin with "would you rather," or "which is better?", "which is worse?", etc.

Examples: summer or winter, cheese pizza or pepperoni, dogs or cats, mornings or nights, books or movies, chocolate or vanilla, etc.

Notecards

Be sure to grab:

- Notecards
- something to write with

Give each camper/counselor two notecards and have them write down a silly get-to-know-you question. Once everyone is done, have them crumple up their notecards and throw them around the cabin. Have everyone go and find two notecards, then sit in a circle.

Go around the circle and have everyone answer the question on their notecards!

Teeth!

Form a circle and have each person in the circle take turns saying the names of two vegetables or fruits twice (for example: carrot carrot, apple apple)- the next player will repeat only the last fruit/veggie mentioned twice and then say their own fruit/vegetable twice (for example: apple



apple orange orange) and so on. The key here is that nobody can show their teeth in the process. Of course, this is very hard to do because it looks pretty funny, and everybody has to prevent themselves from laughing to keep showing their teeth! Anybody who shows their teeth in the process gets eliminated!

Circle Queen

Gather in a circle. One camper will be the “guesser” and she will step out of the circle and close her eyes. While she is gone, a “circle queen” is chosen. Before the guesser returns to the circle, the “circle queen” will start an action, such as tapping her knee, clapping her hands, touching her nose, etc. The other campers in the circle must discreetly imitate the circle queen. The circle queen will occasionally change the action, and the other campers will continue to imitate. The goal for the guesser is to guess who the circle queen is!

The Silly Story Game

Start out by having everyone sit in a circle. The goal of the game is to create the silliest story possible. Have one of the counselors start by saying “once upon a time a....” then go around the circle and let each camper contribute a few words to progress the story. For example:

Counselor: Once upon a time, a....

- Camper 1: miniature dragon
- Camper 2: fell in love
- Camper 3: with a magic pair of shoes
- Camper 4: but she lost one of the shoes and...

Celebrity

Be sure to grab

- ideally post-it notes (or notecards and tape)
- a list of celebrities or well-known characters

This one requires a little bit of preparation. Using a stack of post-its, write down a well-known person/character on each piece of paper. Once everyone is sitting in a circle, place a post-it with a name on each camper’s forehead. Each camper takes a turn as “the guesser.” The game’s goal is for the bunk to give “the guesser” clues to try to get her to guess the name on the post-it note that is stuck on her forehead!

*To increase difficulty, no talking! The bunk has to act out the clues (kind of like charades) *

Suggestions (for young bunks): Peppa the Pig, Riley from Girl Meets World, SpongeBob, Sofia the First, Harry Styles, Poppy from Trolls, Harley Diaz from Stuck in the Middle, Amelia Bedilia, Moana, Harry Potter, Andi Mack, Elsa from Frozen, Zendaya, Baby Ariel

Suggestions (tween/teen bunks): Meghan Markle, Amandla Stenberg, Jacob Sartorius, Ariana Grande, Maddie Ziegler, Shawn Mendes, Mark Thomas, Cheryl from Riverdale, Gigi Hadid, Aria from Pretty Little Liars

Land Sports

You can schedule two complete teams (a mix of campers and counselors) for each land sport scheduled. Counselors can join campers in play but should not take over the game. If you are excited about playing and having a good time, campers will be too. Note: In Soccer, Basketball, Flag Football, and Ultimate only campers should score. The counselors’ role is to keep games moving and get the ball



to campers.

How to run land sports:

- First 5-10 minutes: Get the kids moving – do some stretching and warm-up exercises.
- The remainder of the period: Pick a couple of the games or game variations. Start with a drill or relay race if it's more of a skill-based sport.
- **Note:** We want to spend most of the time playing. We are not looking to do significant skill building, but drills are a low-key way to get campers moving and ensure that less-dominant players get to participate. This is also a great way to scope out the stronger players so you can split them up when making teams.
- In KW or Softball, if you don't have enough campers, consider splitting up into three teams. Each team only needs a minimum of 4 players. One team bats while the other two teams field. After three outs, rotate the batting team and always keep 2 teams in the field.

General Warm-Up Games

- Blob Tag (Basketball)
- Tunnel Tag (any land sport)
- Spud (KW)
- Relay Races (any land sport)

Basketball

- *Knockout*- Players line up on the free-throw line. The first two participants have a basketball. After an initial shot from the free-throw line, participants keep shooting until a basket is made or the person behind them scores, causing a knockout. Once a participant has scored, they rejoin the line.
- *Last One Standing*- Have everyone stand in the center circle, each dribbling her basketball. Everyone tries to knock away others' balls while protecting their own. If they lose control of their ball and it goes out of the center circle, that player is out. If the game drags on, send in an "out" camper without a ball to protect.
- *No dribbling basketball*- Especially for the younger campers, this version of basketball is great when most campers don't play basketball at home. Rules are the same as normal basketball with one new rule – no dribbling! When a camper gets possession of the ball, they must stop where they are and then pass or shoot.

Bocce

- Bocce is played with eight large balls, and one smaller ball called the pallino.
- The purpose of the game is to get your bocce balls as close as possible to the pallino.
- Do not stay on the same spot- the entire campus is your field, with the exception of the waterfront!
- Divide the bocce balls evenly between the numbers of players.
- Each player uses balls in a set that are unique in design or color from all the other balls in play.
- Choose a player to throw the pallino.
- After they throw the pallino, the same player throws their first bocce ball and is considered "inside" because their ball is closer to the pallino than any of the competitor's balls.
- At this point, all other players are considered "outside".
- "Outside" players take turns throwing their bocce balls until one of theirs gets closer to the pallino than the "inside" player.



- After all, players have all thrown their bocce balls; the “inside” player is awarded one point for every ball that is closer to the pallino than the closest competitor's ball.
- A game is over when a player reaches 13 points or the point level a counselor in charge chooses.
- Start a new frame by choosing a new person to throw the pallino and the first bocce ball.

KB (Kick Ball)

Equipment: Bases, bouncy playground ball.

- *Suggestions:* Divide into two teams. The game can be played like baseball/softball with 3 outs in an inning, or your teams can wait to switch until everyone gets a chance to kick.
- Goofy KB: Do silly things (walk backward to first, hop to second, cartwheel to third, crabwalk home).

Newcomb

Equipment: Volleyball

- Two teams line up on opposite sides of the volleyball net. To start the match, the server on one team stands behind the back-boundary line and throws the ball over the net. The server can also throw the ball to the “server’s helper,” who stands in front of the net, catches the ball, and then throws it over. The player on the opposite team catches the ball and throws it back over the net from where they caught it.
- A “miss” is when
 - a team fails to catch a thrown ball that lands within the playing area
 - if the ball is touched and dropped
 - if the ball is thrown out of bounds.
- If the receiving team misses, the serving team scores a point, and the next play begins with the same server.
- If the serving team misses, it loses the serve. No points are scored for either team. and the next play begins with the opponents serving as the serving team.
- Each time a team wins a point, the same server serves for the next play. Each time a team wins the serve, players on that team rotate and remain in the new position until the serve is lost and won back again. Fifteen points needed to win.

Soccer

- *World Cup* - Everybody pairs up and waits in a marked-off box in front of the goal. A ball is tossed into the box, and each pair tries to be the first to score a goal. You and your partner are a team, and everybody else is your opponent—you try to stop them from scoring. Once you or your partner score, you advance to the next round, and your team goes out of bounds to wait. The last team to score in each round is eliminated.
- *Knockout* - Everybody dribbles in a designated area. You can have one or two people trying to kick balls out of bounds to get people out or have everybody against everyone else. See who can keep control of their ball the longest. As people get eliminated, make the space smaller.
- *Head-Catch* – A counselor stays in the middle with a ball; everyone else stands in a circle around them. That counselor tosses the ball—if they say ‘catch,’ the person needs to head it to stay in, and if they say ‘head,’ the person needs to catch it to stay in. Can do a practice round first. This is harder than it sounds.



Stickball

- We have fun with this activity. There are no rules, meaning the counselor in charge determines the rules...and as the game continues, they change them. No rule is too silly. Nothing is out of bounds. Basically, anything goes. Think of this as a goofy Circle interpretation of softball with a short broomstick and a Spalden ball - the only two pieces of equipment needed. Tip: if campers are having a hard time making contact, allow them to hold two sticks (bats) together.

Rainy Day Activities

- In the event an activity is canceled (runners will alert people at activities), everyone comes to the main lodge for rainy day activities. If you are stuck in your bunk or another building due to thunder and lightning, reference the “Bunk Games” section for ideas to keep your campers busy.
- In the event of thunder and lightning, follow the instructions in the Safety Procedures section of the program guide, repeated below.
- The safest place to be during a storm is inside a building. If you have campers in the shower, get them out.
 - If you are at an outdoor activity and a storm comes up, take your campers to the nearest building and stay with them until the storm passes.
 - In case of thunder, the Waterfront Director clears the swimming, tubing, and canoeing areas and quickly checks out campers. A counselor at the waterfront takes campers up the hill and into the closest bunk.
 - We wait a minimum of 30 minutes after hearing thunder before we resume waterfront activities.
 - Do not walk through an open field during an electrical storm, and do not attempt to lower the flag during an electrical storm

Waterfront Procedures

- The Waterfront Director provides overall supervision of the area and is at the waterfront at all times during waterfront activities and until all campers have left the waterfront.
- The waterfront is open when the sign at the top of the hill is turned green.
- No one goes to the waterfront unless the sign is green – including counselors -- unless you have specific permission from Sara MacDonald.
- Check In/Check Out: One lifeguard or counselor stands at the foot of the stairs to the waterfront and checks in and out all campers and counselors at the beginning and end of every waterfront period.
- Campers cannot move from one waterfront area to another, unless indicated in schedule
- At least one currently certified lifeguard is assigned to each area in use including, swim, canoe and ski areas.
- All lifeguards stand while on duty at the swim and ski docks.
- At no time does the swimmer-, boater- or tuber-to-guard ratio exceed ten to one.

Swim Areas

- Swim Tests: All Circle campers and counselors take a swim test consisting of - two continuous lengths of 25 yards each and one minute of treading water.



- Campers and counselors who do not pass the deep-water test swim in the designated shallow area and do not tube or canoe.
- The swim test for teens and counselors participating in the Lake Swim is 20 continuous lengths of 25 yards each and five minutes of treading water.
- Two short whistle blows indicate a swimmer count check. All swimmers return to the dock for a swimmer count. One short whistle blast indicates all swimmers are accounted for and swimming continues.
- Counselors on the dock while campers are swimming do not engage the lifeguards in conversation.
- Counselors leave the dock at the end of a period even if scheduled for swimming the following period.
- There is no counselor swimming between periods when lifeguards are on break.
- The Waterfront Director practices emergency rescues with the waterfront staff prior to camper arrival.
- Certified lifeguards only respond to an emergency. Counselors at the waterfront supervise campers not involved in the emergency

Swim Area Emergencies

- Three short and consecutive whistle blasts signify an emergency.
- All swimmers leave the water and sit quietly on the beach.
- A non-lifeguard counselor completes a head count using the Waterfront Check-In List found in the lifeguard shed.
- If a swimmer fails to check out of the waterfront area with her bunk, the Waterfront Director initiates a lost camper search.
- Lifeguards, with the strongest swimmers in the deepest areas, search in a line in the area where the swimmer was last seen.
- A non-lifeguard notifies the head of the ERT.
- All members of the ERT search the next scheduled activity for the missing camper, her bunk first followed by a check of all other bunks and the entire campus for the missing camper. When the missing camper is found, the ERT immediately informs the Waterfront Director.
- If a missing swimmer has not been found after one hour, the Waterfront Director alerts the Cumberland County Sheriff's office and the Bridgton Police Department.

Canoe and Tube Areas

- There is one lifeguard in the ski boat and one lifeguard on the ski dock.
- A lifeguard accompanies canoers either in the canoe or using a kayak or paddle board.
- Everyone in a canoe or in the ski boat wears a properly fitted, fastened personal flotation device (life jacket).

Canoe and Tube Areas Emergencies

- The ski boat driver or lifeguard on the ski dock signals a non-endangering mechanical breakdown with one long horn blast.
- The ski boat driver or lifeguard signals a physical or potentially endangering emergency by three short horn blasts repeated two times.



- o Through walkie-talkie communication, the boat driver relays a potential emergency to Head of Waterfront
- The Head of Waterfront contacts the Head Nurse and the ERT.
- If a camper or a counselor is injured in the water or on the boat, the Waterfront Director and the Head Nurse drive the skiff to the emergency.
- Counselors at the ski dock move campers on the ski dock to the swim area.
- The Head Nurse determines the extent of the injury, whether the injured can be moved or should remain in the boat and determines whether to call 911.
- Counselors at the waterfront group all campers at the swim beach, complete a head count and inform Lifeguards of any camper not present at the head count.
- If a camper is not present at the head count, Lifeguards initiate a lost camper search.

Please Remember:

- ❖ Parents know that campers should not bring cell phones to camp; campers know that if they bring them, bunk counselors will take and keep them until the end of camp.
- ❖ Counselors may not use their cell phones around campers. If you need to make a call, send a text, or respond to an email, do it during your off time when you are away from activities and out of sight of campers.
- ❖ Campers may not use electronic devices.
- ❖ Post the bunk's schedules each morning. Try not to share your schedules or booklet.
- ❖ Camp is an intense week, and it will help to find time to decompress with other adults. You can do this during any free period, the rest and rec period, in the morning before reveille, and in the evening from 9:30 pm -11 pm when you are not scheduled for Bunk Supervision (BS). Make sure you coordinate with your co-counselors and NBCs so that there is at least one counselor in the bunk at all times when campers are present.
- ❖ Leave the cones as they are on the athletic fields.
- ❖ Do not remove supplies from the AC area.
- ❖ Respect policies of no food in the bunks, gum only inside the cabin, and no caps/visors in the dining room.
- ❖ Voices really carry at night. A little giggle in the Lodge sounds like a booming laugh in the bunks.
- ❖ Make sure not to let doors slam after Taps.
- ❖ Everyone must wear their name necklace at all times and be close to the neck.
- ❖ When you have a free period, feel free to join in anywhere! Participation is encouraged.
- ❖ We do not allow bunk gifts for campers.
- ❖ At no time may any counselor be left alone with an individual camper unless it is an emergency. "Alone" means isolated and out of sight or earshot of other community members. Keep to the "rule of three," and be able to see two others.
- ❖ One counselor is to be in the bunk at all times when campers are present. Plan your before-Reveille and after-Taps activities with that in mind.



- ❖ Once the camp week has ended, Circle Camps has a No-Contact Policy between counselors and campers. This includes in-person contact, telephonic contact, and social media. Advise campers of this, so they understand that you won't "friend" them or reply to emails, letters, etc.
- ❖ Circle Camps has an Alumni Association and an Instagram account, should campers wish to keep in touch with you and one another.



10 Days Prior to Camp Health Screening 2022

BRING THIS COMPLETED TO CAMP

Volunteer Name _____ Date: _____

Date(s) of COVID Vaccination(s) _____ & _____ & _____

Manufacturer _____

Date of Negative COVID Test _____ 72 hours before the start of camp

Dear Camp Volunteers,

In an effort to minimize illness at camp, and the ease of COVID spreading, we ask that you check on your health daily beginning 10 days prior to arrival at Camp. Please have this form and a physical copy of your negative COVID test results ready for presentation as you enter the gates at camp. If you have received the full series of COVID vaccines (and are two weeks past your last vaccine), we DO NOT need you to be tested. Please bring a copy and post your vaccine card in to CampMinder. If any temperature or symptoms are present in a family member, contact Lane Shelton or Garbo David for further guidance.

COVID Symptoms: Monitor yourself and those you live with.

Chills	Nausea
Shortness of breath or different breathing	New Cough
Congestions	New loss of smell or taste
Diarrhea	Sore throat
Excessive Fatigue	Vomiting
Muscle Pain	Runny nose

- **I have not experienced any of the symptoms listed above within the last 10 days.**

Volunteer initials _____

- **To the best of my knowledge, I have not been exposed to COVID-19 or anyone with COVID-19 over the last 10 days.**

Volunteer initials _____



Dates and Temperature of Volunteer 10 days before Camp

August _____	August _____
August _____	
August _____	

The signature below indicates that I completed this home health screening to the best of my ability. I understand that arriving at camp healthy is vital to a healthy camp for all participants.

Signature _____ Date _____



Bunk Assignments

Bunk 1	Bunk 2	Bunk 3	Bunk 4	Bunk 5
Alyssa Fajardo*	Adelaide Johnson*	Adelyn "Kitty" Brown	Dahlia Schiller*	Autumn McAllister
Kayla Griffith*	Elisa Eddy	Atsede "Blay" Del Pozzo*	Louisa Anderson	Gabriella Hendricks*
Graceyn Lourie*	Holly Moir	Caitrin Newman	Marion Fortier	Hayden Griffith
Madison Merrill*	Kenzie Beglinger	Jazmin Wilson*	Tegan Newman	Lucilla Prestia-Gulati
Sophia Nolting*	Loralei Obrien	Samantha Hill		Mya Gray*
	Lucy Hill			Shirel Moser
Hope Pollard	Regan Sharkey*	*Alyssa Chase	*Bella Nayman	
Orlagh Skafas		Rebecca Harris	Allie Kaplan	Jill Cremens
*Hannah Simard	*Chelsea Alpert		*Laura Castetter	Dani Simard
	Lily Epstein			
	Emilie Dean			

Bunk 6	Bunk 7	Bunk 8	Bunk 9	Bunk 11
Luciana McClatchey	Charlotte Johnson	Isabella Thomas	Brianna Weaver	Ariel Goehring
Olivia Ando*	Elise Dufour	Kailey Comeau	Emily Edwards	Bex Oring
Penelope "Poppy" Moss	Kayla Baggan	Lila Taft*	Kari Barry*	Garbo
Sadie Viering	Maria Campaniello*	Mykah Lourie	Michaela Campaniello*	
Thea Spellman*	Riley Newman	Nora Spellman*	Paige Stone	
			Sara Jackson	
*Olivia Armey	Jess Buchanan	Jess Horne		
Michelle Unger	Kelly McKee	Charlie Christo	Maddie Wing	
Noa Simon			Jenessa Healey	



LIT 1 Sub 1	LIT 2 Senior Bunk	LIT 3a Sub 2	LIT 3b Sub 3
Angelina "Remmy" Thomas	Aria "Virv" LeBoeuf	Ari Landine	Abby Beyor
Caroline "Cole" Ingalls	Belle Pizzo	Juli Moreira	Bean Kulp
Emma Rodriguez	Isabelle Gerken	Katherine Malloy	Fran Stewart
Kassie Wadleigh	Jill Houle	Kayla Munson	Jay Scott
Lia Holowenczak	Lani OBrien	Liv Wood	Kelcie Velozo
McKayla Rae	Libbie Merrill	Shannon Abrams	Mai Richmond
Pickles Torgerson	Lilly Bowman	Ari Landine	Rem Cremens
Vicki Chavez	Olivia Saxton	Juli Moreira	Abby Beyor
	Reina Martinez	Katherine Malloy	Bean Kulp
		Kayla Munson	Fran Stewart
Emily Koetsier	Kellsey O'Rourke	Sam Bradley	Rachel Buchanan
Jet Cohen	Stein, Sam	Siobhan Buckley	Tiana Yetman

Clinicians	Nurses	Lifeguards		NBCs	NBCs
Bunked Elsewhere	Dr or Jr. Bunk 2	NBC Bunk	Jr. Bunk 3	Jr. Bunk 4	Jr. Bunk 5
Ariel Goehring	Allison McNeil	Jay LaRosa	EMPTY	Peter Emmons	*Susan Flynn
Samatha Bradley	Nie Bohlen	*Regan Vancil		Jay Bright	Hayley Adams
Jet Cohen	June Alexander	Maddie Wing			Ann Salinger
Samantha Stein	Samantha Horne	*Emily Bridges			Cerji Colvin
Hayley Adams	Kayla Sudduth	*Katherine Reed			Hannah French
Samatha Bradley					*Emily Alexander



SUNDAY AUGUST 20th NOTES

All counselors meet at camp by 2pm. If you arrive by car, drive on the camp road to your bunk- ***not on the grass***- to unload your luggage, and then park **in the lot down the camp road just beyond the stable**. If you arrive by bus, leave your luggage clearly **tagged with your name and bunk #** on the road in front of the Lodge. If you are able, carry your luggage to your bunk.

2:00 Arrival at camp- those arriving by air will be picked up at the airport by 1pm.

2:30-3 Bunk counselors come to the Lodge to pick up bunk supplies, camper and counselor T-shirts, water bottles, program guides, and name necklaces if you are a new counselor. NBC and Lifeguards report to Jay LaRosa after picking up your items.

3-3:30 New Counselor Training- Returning Counselors (including NBCs and Lifeguards) report to Jay for camp set-up

3:30-6 All Counselor Training

6-7:00 Dinner

7-8:00 All Counselor Training: Cover anything that's left.

8-9:00 Camper name necklaces, get settled in bunks.

SUNDAY AUGUST 21st NOTES

- After breakfast, NBCs finish unpacking the shed, if needed.
- LIT3s Tube at Rec

Camper Arrival

- Flexibility is key because we never know exactly when the buses will arrive.
- The bus chaperones call camp 15 minutes before the buses from Boston arrive in Bridgton to pick up the Maine and New Hampshire campers. When everyone is on board in Bridgton and the buses are leaving, Bex calls Sara's cell phone. From that point, it is approximately 15 minutes until the campers arrive.
- Wait for the buses outside, on the road behind the dining room. Bunk counselors lineup in numerical order holding signs with their bunk numbers; campers know their bunk numbers. Campers and bunk counselors go to their bunks, wait for the camper luggage to arrive, unpack and get ready for their activity.

NOTE: Bunk counselors do not leave the bus area until all campers in the bunk are present

- NBCs help lifeguards to deliver luggage to the bunks.



Basic topics to discuss after the campers have unpacked:

- Read and discuss each bullet in the “Bunk Accord”, then have every camper sign it and hang it in your bunk.
- When the green ‘GO’ sign is posted at the top of the hill to the waterfront, it is OK to go down to the lake; when the red ‘STOP’ sign is posted at the top of the hill, it is forbidden for anyone to go down to the lake.
- Campers NEVER ring the bell.
- NOTE: You can discuss things like Dining Hall rules, but the actual experience of the first meal teaches most campers what they need to know.
- Collect any food your campers may have brought and remove from bunk.
- Address the loons and the sound they make at night. (Loons can sound like wolf howls)
- Consult the “Downtime Games” section for icebreakers you can play.
- After unpacking and confirming camper names and bunks are on items, give out the following:
 - Water bottles
 - T-shirts
 - Name necklaces
- After the buses arrive, listen for the bell to head to your bunk’s first activity for the day. If the buses arrive late, this activity period may be shortened.
- When the bell rings to end the period, go straight to your next activity period.

Sunday Evening Activity: Icebreakers (Leaders: Sara MacDonald)

The first night is a great opportunity to get to know all about the campers and counselors! Lace up your running shoes and be ready to answer some tough, and some not so tough, questions about who you are. Everyone will meet on the upper fields where two sets of cones will be placed to designate option one and option two. Sara will call out choices, such as Chocolate or Vanilla and campers and counselors will run to their choices designated side.

CAMPER SCHEDULE SUNDAY AUGUST 21

SUNDAY Bunk Schedule

8/21	P1	P2	P3	REST	P4	P5	P6	REC
Bunk 1			NW		TB	SWT	Canoe	
Bunk 2			Archery		TB	SWT	Yoga	
Bunk 3			SWT/Tube		A/C	TB	Yoga	
Bunk 4			SWT		A/C	TB	NW	
Bunk 5			Archery		SWT	Dance	TB	



Bunk 6	Campers Arrive Unpack	A/C	Bunk Accords unpack	SWT	Tube	TB	
Bunk 7		TB		SWT/Tube	A/C	Archery	
Bunk 8		TB		NW	A/C	SWT	
Bunk 9		TB		Archery	NW	SWT	
Lit 1		SWT		Intro	Intro & Flags	CT	
LIT 2		INTRO		SWT	CT	Gaga	
LIT 3a		SWT		CT	Dessert	Tube	
LIT 3b		SWT		CT	Dessert	Tube	

SUNDAY COUNSELOR SCHEDULE

CAT	B	P1 & P2	P3	REST	P4	P5	P6	REC
Alise Kaplan	4	TRAINING, CAMPER ARRIVAL, & UNPACKING	Swim Test		A/C	TB	NW	
Allison McNeil	Dr		Infirmary Float		Infirmary Float	Infirmary Float	Infirmary Float	
Alyssa Chase	3		SWT/Tube		A/C	TB*	Yoga	
Angelica Rowley	9		TB		Archery	NW	Swim Test	
Ann Salinger	Jr 5		NW*		NW*	Dance	Canoe*	
Ariel Goehring	11				Circle-LIT 3*	Circle-LIT 2*	Circle-LIT 1*	Office Hours
Cerji Colvin	Jr 5		Archery*		Archery*	X	Archery*	
Charlie Christo	8		TB		NW	A/C	Swim Test	
Chelsea Alpert	2		Archery		TB	Swim Test	Yoga	
Danielle Simard	5		A/C		Swim Test	Dance	TB	
Emilie Dean	2		Archery		TB	Swim Test	Yoga	
Emily Alexander	Jr 5							
Emily Bridges	NBC		Lifeguard		Lifeguard	Lifeguard	Lifeguard	
Emily Koetsier	Sub 1		SWT		Intro	TB/Flag	CT	
Garbo David	11							
Hannah French	Jr 5		A/C*		A/C*	A/C*	NW*	
Hannah Simard	Jr 1		NW		TB	Swim Test	Canoe	
Hayley Adams	9		TB*		Archery	NW	Swim Test	
Hope Pollard	Jr 1		NW		TB	Swim Test	Canoe	
Ian MacDonald	CIT		Boat*		Boat*	Boat*	Boat*	Boat*
Bella Nayman	4	Swim Test		A/C	TB	NW*		
Jay Bright	Jr 4	NW		TB*	NW*	TB*		



CAT	B	TRAINING, CAMPER ARRIVAL, & UNPACKING	P3	REST	P4	P5	P6	REC
Jay LaRosa	NBC		Lake		Lake	Lake	Lake	Lake
Jenessa Healey	9		TB		Archery	NW	Swim Test	
Jessica Buchanan	6		TB		SWT/Tube	A/C	Archery	
Jessica Horne	8		TB		NW	A/C	Swim Test	
Jill Cremens	5		A/C		Swim Test	Dance	Canoe	
Jet Cohen	Sub 1		SWT		Intro	TB/Flag	CT	
June Alexander	Jr 2		Infirmary Float		Infirmary Float	Infirmary Float	Infirmary Float	
Katherine Reed	NBC		Lifeguard		Lifeguard	Lifeguard	Lifeguard	
Kayla Sudduth	Dr		Infirmary Float		Infirmary Float	Infirmary Float	Infirmary Float	
Kellsey O'Rourke	Sr.		Intro		SWT	CT	Gaga*	
Kelly McKee	6		TB		SWT/Tube	A/C	Archery	
Laura Castetter	4		Swim Test		A/C	TB	NW	
Lily Epstein	2		Archery		TB	Swim Test	Yoga*	
Madelyn Wing	9		Lifeguard		Lifeguard	Lifeguard	Lifeguard	
Michelle Unger	6		A/C		Swim Test	Dance*	TB	
Nie, Bohlen	Jr 2		Infirmary Float		Infirmary Float	Infirmary Float	Infirmary Float	
Noa Simon	6		A/C		Swim Test	Tube	TB	
Olivia Armev	6		A/C		Swim Test	Tube	TB	
Orlagh Skafas	Jr 1	TRAINING,	NW		TB	Swim Test	Canoe	
Peter Emmons	Jr 4							
Rachael Buchanan	Sub 3	CAMPER ARRIVAL, & UNPACKING	SWT		CT	Dessert	Tube	
Rebecca Harris	3		SWT/Tube		A/C	TB	Yoga	
Bex Oring	11		Intro 2		Intro 1	Dessert	CT 1	
Regan Vancil	NBC		Lifeguard		Lifeguard	Lifeguard	Lifeguard	
Samantha Bradley	Sub 2		SWT		CT	Dessert	Tube	
Samantha Horne	Jr 2		Infirmary Float		Infirmary Float	Infirmary Float	Infirmary Float	
Samantha Stein	Sr.		Intro		SWT	CT	Gaga	
Sara MacDonald	CIT		Float		Float	Float	Float	
Siobhan Buckley	Sub 2		SWT		CT	Dessert	Tube	
Susan Flynn	Jr 5		SWT		CT	Dessert	Tube	
Tiana Yetman	Sub 3		SWT		CT	Dessert	Tube	



MONDAY AUGUST 22nd

Flag: LITS

General

- Don't forget the sunscreen!
- LIT 2s will help run Activities this morning. Bex will meet with them during bunk clean up to give them their activity leader assignments.
- LIT 1s will join their bunks in the afternoon.
- Bunk 2 has Tubing at Rest
- Bunk 8 has Tubing at Rec
- Teen campers meet with Sara after lunch to sign up for their "Choice" activities.
- LIT1 has True Colors at Lights Out

Monday Evening Activity: Minute to Win It (Leaders Jess Buchana and Emily Koetsier)
 Jess and Emily will challenge campers and counselors to complete 10 deceptively simple tasks with ordinary household items, each in under a minute. Each successful attempt moves the player toward their goal of ultimate Minute to Win IT Champion.

CAMPER SCHEDULE MONDAY AUGUST 22

Bunk Schedule

8/22	P1	P2	P3	REST	P4	P5	P6	REC
Bunk 1	CT	A/C	KB		Swim	Tube	Archery	
Bunk 2	A/C	CT	KB	Tube	Swim	Dance	Bball	
Bunk 3	KB	Archery	CT		Tube	Swim	Canoe	
Bunk 4	KB	Tennis	Dance		CT	Swim	Tube	
Bunk 5	Improv	Canoe	Swim		Archery	NW	CT	
Bunk 6	CT	Swim	Tube		Improv	Archery	NC	
Bunk 7	Tube	Swim	CT		Yoga	Improv	NC	
Bunk 8	Archery	Bocce	Yoga		CT	Improv	Swim	Tube
Bunk 9	Blankets	Tube	Swim		A/C	CT	Dance	
Lit 1	Team B	Gaga	Lead 1		w/Bunks	W/Bunks	W/Bunks	



8/22	P1	P2	P3	REST	P4	P5	P6	REC
LIT 2	Activity Help	Activity Help	Activity Help		Dance	OM	OM	
LIT 3a	KB	Zumba	KB		Gaga	Swim	Bracelets	
LIT 3b	KB	Zumba	KB		Gaga	Swim	Bracelets	

MONDAY COUNSELOR SCHEDULE

CAT	B	P1	P2	P3	REST	P4	P5	P6	REC
Alise Kaplan	4	Kball	X	Dance		CT	Swim	Tube	
Allison McNeil	Dr	Infirmary	Infirmary	Infirmary		Infirmary	Infirmary	Infirmary	
Alyssa Chase	3	Kball	X	CT		Tube	Swim	Canoe*	
Angelica Rowley	9	Blankets	Tube	Swim		X	CT	Swim	
Ann Salinger	Jr 5	CT 1	Canoe	Swim		A/C	X	Canoe	
Ariel Goehring	11	CT 6*	Float	CT 7*		C8*	OM	OM	OH
Cerji Colvin	Jr 5	Archery	Archery	CT 7		Archery	Archery	Archery	
Charlie Christo	8	Archery	Bocce	X		CT	Improv	Swim	Tube
Chelsea Alpert	2	A/C	CT	Kball*	Tube	Swim	X	Bball	
Danielle Simard	5	Improv	Canoe	Swim		X	NW	CT	
Emilie Dean	2	A/C	CT	X	Tube	Swim	Dance	Bball*	
Emily Alexander	Jr 5								
Emily Bridges	NBC	Lifeguard	Lifeguard	Lifeguard		Lifeguard	Lifeguard	CT 5	
Emily Koetsier	Sub 1	TB	Gaga*	Lead		Archery	NW	Eve Act Prep	
Garbo David	11	TB* LIT	Photo	Photo	Walmart Supply run				
Hannah French	Jr 5	A/C*	A/C*	CT 3		A/C*	NW*	X	
Hannah Simard	Jr 1	CT	Tennis*	Kball		X	Tube	Archery	
Hayley Adams	9	CT 1*	CT 2*	CT 3*		CT 4*	CT9*	CT 5*	
Hope Pollard	Jr 1	CT	A/C	X		Swim	Tube	Archery	
Ian MacDonald	CIT	Boat*	Boat*	Boat*	Boat*	Boat*	Boat*	Boat*	Boat*
Bella Nayman	4	Kball	Tennis	X		CT	Swim	Canoe	
Jay Bright	Jr 4	Kball	Bocce*	Kball		CT 4	Archery	X	
Jay LaRosa	NBC	Lake*	Lake*	Lake*		Lake*	Lake*	Lake*	Lake
Jenessa Healey	9	Blankets*	Tube	X		A/C	CT	Dance	
Jessica Buchanan	7	Tube	Swim	CT		Yoga	X	Eve Act Prep	
Jessica Horne	8	Archery	Bocce	Yoga		CT	X	Swim	Tube
Jill Cremens	5	Improv	Canoe*	X		Archery	NW	CT	
Jet Cohen	Sub 1	CT 6	Gaga	CT 7		X	CT 9	Newco	
June Alexander	Jr 2	Infirmary	Infirmary	Infirmary		Infirmary	Infirmary	Infirmary	
Katherine Reed	NBC	Lifeguard	CT 2	Lifeguard		Lifeguard	Lifeguard	Lifeguard	



CAT	B	P1	P2	P3	REST	P4	P5	P6	REC
Kayla Sudduth	Dr	Infirmary	Infirmary	Yoga*		Infirmary	Infirmary	Infirmary	
Kellsey O'Rourke	Sr.	Evening	Evening	X		Dance	OM	OM	
Kelly McKee	7	Kball*	Swim	CT		X	Improv	Newcomb*	
Laura Castetter	4	Kball	Tennis	Dance		CT	X	Tube	
Lily Epstein	2	A/C	CT	Kball	Tube	X	Improv*	Bball	
Madelyn Wing	9	Lifeguard	Lifeguard	Lifeguard		Lifeguard	CT 9	Lifeguard	
Michelle Unger	6	CT	X	Dance*		Dance*	Dance*	Dance*	
Nie, Bohlen	Jr 2	Infirmary	Infirmary	Infirmary		Infirmary	Infirmary	Infirmary	
Noa Simon	6	CT	Swim	Tube		Yoga*	X	Newcomb	
Olivia Armey	6	CT	Canoe	Tube		Improv	Archery	X	
Orlagh Skafas	Jr 1	CT	X	Kball		Swim	Tube	Archery	
Peter Emmons	Jr 4	CT 6	Canoe	Tube		Improv	X	Canoe	
Rachael Buchanan	Sub 3	X	Zumba*	Kball		Gaga	Swim	Bracelets	
Rebecca Harris	3	Improv*	Archery	CT 3		Improv*	Swim	X	
Bex Oring	11	Evening	Evening	Lead		Float	OM	OM	
Regan Vancil	NBC	Lifeguard	Lifeguard	Lifeguard		CT 8	Lifeguard	Lifeguard	
Samantha Bradley	Sub 2	X	Zumba	CT 7		CT 8	Swim	CT 5	
Samantha Horne	Jr 2	Infirmary	Infirmary	Infirmary		Infirmary	Infirmary	Infirmary	
Samantha Stein	Sr.	CT 1	CT 2	X		CT 4	OM	OM	
Sara MacDonald	CIT	Float	Lake	Float		Float	Lake	Float	
Siobhan Buckley	Sub 2	Kball	Zumba	X		Gaga	Swim	Bracelets	
Susan Flynn	Jr 5	Kball	Zumba	Kball		Gaga	Swim	X	
Tiana Yetman	Sub 3	Kball	Zumba	X		Gaga	Swim	Bracelets	

TUESDAY AUGUST 23

Flag: LITs

General

- Bunks 7,8, and 9 leave straight from lunch to go down to the waterfront for Watercolors with Jay Bright.
- Optional Counselor Lake Swim will be offered tomorrow before breakfast. Please inform Jay if you will be participating by LUNCH TODAY. All Lake Swim participants must pass the Lake Swim Test.
- Bunks 5-6 have bunk photos today at Rest. Please make sure they know to come back to the bunk during that time period. Campers wear their Circle t-shirts for bunk pictures; counselors are also encouraged to wear their Circle shirts.
- LIT2s have OM at Rec
- LIT3s have a dessert cookoff at Lights Out



Tuesday Evening Activity:

Evening program will be led by LIT2s that select it as their leadership focus. They will receive a small budget and scheduled time for planning. They will organize all aspects and explain the activity to the camp. You'll find out more that evening. We look forward to them being able to express their leadership through leading an all-camp activity.

TUESDAY CAMPER SCHEDULE AUGUST 23

TUESDAY Bunk Schedule

8/23	P1	P2	P3	REST	P4	P5	P6	REC
Bunk 1	Gaga	Swim	Dance		Improv	Soccer	NC	
Bunk 2	Gaga	Swim	Tube		Improv	Soccer	NC	
Bunk 3	NC	Gaga	NW		Tube	Swim	Soccer	
Bunk 4	NC	Gaga	Swim		Bocce	Archery	Soccer	
Bunk 5	NC	Tube	Swim	Bunk Pic	Folk	Tennis	Gaga	
Bunk 6	Folk	Swim	Canoe	Bunk Pic	NW	Bball	Gaga	
Bunk 7	Soccer	Bball	KB	Water Colors	Swim	Tennis	NW	
Bunk 8	Soccer	Bball	KB	Water Colors	Swim	Canoe	Tube	
Bunk 9	Soccer	A/C	KB	Water Colors	Swim	Bball	Yoga	
Lit 1	Tube	Canoe	Lead 2		w/Bunks	w/bunks	W/bunk	
LIT 2	Activity Help	Activity Help	Activity Help		Swim	Tube	OM	OM
LIT 3a	Swim	Bball	Archery		Enneagram	Enneagram	Dance	
LIT 3b	Swim	Bball	Archery		Enneagram	Enneagram	Dance	



TUESDAY COUNSELOR SCHEDULE

CAT	B	P1	P2	P3	REST	P4	P5	P6	REC
Alise Kaplan	4	NewC	Gaga	Swim		Bocce	X	Soccer	
Allison McNeil	Dr	Infirmar	Infirmary	Infirmary		Infirmary	Infirmary	Infirmary	
Alyssa Chase	3	NewC	Gaga	Canoe*		Tube	X	Soccer	
Angelica Rowley	9	X	A/C	Kball	WC	Swim	Bball	Yoga	
Ann Salinger	Jr 5	X	A/C	NW		Bocce*	Canoe*	NW	
Ariel Goehring	11					Egram*	Egram*	OM*	OM*
Cerji Colvin	Jr 5	NewC	Tube	Archery*		Swim	Archery	X	
Charlie Christo	8	Soccer	Bball	Kball*	WC	X	Bball*	Tube	
Chelsea Alpert	2	NewC*	Swim	Tube		X	Soccer	Newcomb*	
Danielle Simard	5	X	Tube	Swim	Pics	Folk Songs	Tennis	Gaga	
Emilie Dean	2	Gaga*	X	Tube		Improv	Soccer*	Newcomb	
Emily Alexander	Jr 5								
Emily Bridges	NBC	LG	Lifeguard	LG		Lifeguard	Lifeguard	Lifeguard	
Emily Koetsier	Sub 1	Tube	Canoe	Lead		Bocce	Canoe	X	
Garbo David	11	New C	Canoe	Swim		Bocce	X	Gaga	
Hannah French	Jr 5	Flk Songs*	A/C*	NW*		Folk Songs*	Canoe	Gaga*	
Hannah Simard	Jr 1	Gaga	Swim	X		Improv	Soccer	Newcomb	
Hayley Adams	9	Soccer	A/C	Kball	WC	X	Bball	Yoga	
Hope Pollard	Jr 1	X	Swim	Dance		Improv	Soccer	Newcomb	
Ian MacDonald	CIT	Boat*	Boat*	Boat*		Boat*	Boat*	Boat*	
Bella Nayman	4	NewC	X	Swim		Bocce	Archery	Soccer	
Jay Bright	Jr 4	Gaga	Swim	Canoe	WC*	WC*	X	NW*	
Jay LaRosa	NBC	Lake*	Lake*	Lake*	WC	Lake*	Lake*	Lake*	
Jenessa Healey	9	Soccer	X	Kball	WC	Swim	Bball	Yoga	
Jessica Buchanan	7	Soccer	Bball	X	WC	Swim	Tennis	NW	
Jessica Horne	8	Soccer	X	Kball	WC	Swim	Canoe	Tube	
Jill Cremens	5	NewC	Tube	Swim	Pics	Folk Songs	X	Gaga	
Jet Cohen	Sub 1	Tube	Canoe	Lead		Improv	Tennis	X	
June Alexander	Jr 2	Infirmar	Infirmary	Infirmary		Infirmary	Infirmary	Infirmary	
Katherine Reed	NBC	Lifegua	Lifeguard	Lifeguar		Lifeguard	Lifeguard	Lifeguard	
Kayla Sudduth	Dr	Infirmar	Infirmary	Infirmary		Infirmary	Infirmary	Yoga*	
Kellsey O'Rourke	Sr.	Evenin	Evening	X		Swim	Tube	OM	OM



CAT	B	P1	P2	P3	REST	P4	P5	P6	REC
Kelly McKee	7	Soccer	Bball*	X	WC	Swim	Tennis*	NW	
Laura Castetter	4	Newcomb	Gaga	X		Bocce	Archery	Soccer	
Lily Epstein	2	Gaga	Swim	Tube		Improv*	X	Newcomb	
Madelyn Wing	9	Lifeguard	Lifeguard	Lifeguard	WC	Lifeguard	Lifeguard	Lifeguard	
Michelle Unger	6	Folk Songs	X	Dance*	Pics	NW	Ball	Dance*	
Nie, Bohlen	Jr 2	Infirmatory	Infirmatory	Infirmatory		Infirmatory	Infirmatory	Infirmatory	
Noa Simon	6	Soccer*	Swim	X	Pics	NW*	Ball	Soccer*	
Olivia Armev	6	Folk Songs	Swim	Canoe	Pics	X	Bball	Gaga	
Orlagh Skafas	Jr 1	Gaga	Swim	Dance		X	Soccer	Newcomb	
Peter Emmons	Jr 4	Gaga	Bball	Canoe		Improv	X	Gaga	
Rachael Buchanan	Sub 3	Swim	X	Archery		Enneagram	Enneagram	Dance	
Rebecca Harris	3	Newcomb	Gaga	NW		X	Swim	Yoga	
Bex Oring	11	Evening	Evening	Lead		Float	Float	OM	OM
Regan Vancil	NBC	Lifeguard	Lifeguard	Lifeguard		Lifeguard	Lifeguard	Lifeguard	
Samantha Bradley	Sub 2	Swim	Bball	X		Enneagram	Enneagram	Dance	
Samantha Horne	Jr 2	Infirmatory	Gaga*	Infirmatory		Infirmatory	Infirmatory	Infirmatory	
Samantha Stein	Sr.	Evening	Evening	X		Swim	Tube	OM	OM
Sara MacDonald	CIT	Float	Canoe	Canoe		Swim	Float	Float	
Siobhan Buckley	Sub 2	Swim	X	Archery		Egram	Egram	Dance	
Susan Flynn	Jr 5	Swim	X	Archery		Egram	Engram	Dance	
Tiana Yetman	Sub 3	Swim	Bball	X		Egram	Egram	Dance	



WEDNESDAY AUGUST

Flag: LITs

General

- Optional Counselor Lake Swim will be offered today before breakfast. Please inform Jay if you will be swimming by Tuesday at lunch. All Lake Swim participants must pass the Lake Swim test.
- Bunk 6 Tubes at Rest
- Bunk 4 Tubes at Rec
- Bunks 1-4 have bunk photos today during Rest. Please make sure they know to come back to their bunks during that time. Campers wear their Circle T-shirts for bunk pictures, counselors are also encouraged to wear their Circle T-shirts.
- Circle Camps' birthday is celebrated at dinner with singing and a slice of birthday cake in the dining hall.
- At some point today (i.e. Rest period), describe Campfire to your bunk and what the campers do to prepare for it (see below for more details). Ask returning campers in your bunk to help with the discussion and share their appreciation for Campfire.
 - Ask your campers what has meant the most to them at camp. This will lead to sharing likes and reflecting together about the week. It is important for each camper to talk and be heard.
 - Help your bunk write a few sentences that encompass special memories or moments that were meaningful throughout the week at camp.
 - Select one speaker from your bunk who speaks loudly and clearly to read your bunk's speech aloud during campfire. Practice with them before Campfire.
 - After your bunk discussion, everyone finds a small stick. At Campfire, each bunk is asked to approach the fire together. After the speech is read, campers and counselors throw their sticks into the fire.
- Teen Choice Activities
 - Period 6: Fishing with Ian, Knitting with Sara, Archery with Cerji, A/C with Hannah

Counselors

If you are scheduled for Circle**s, please help Jill and Orlagh work with campers as they practice and finalize their Circle of the Stars acts. There are several bunks scheduled at once and it's chaotic; history has proven that the show works best if we limit everything to one day.

If you are scheduled for Circle**, we need your help. It's important that everyone who is scheduled shows up on time to help set up for the show. There is lots that needs to be done and we need all hands on deck!



Wednesday Evening Activity (Leaders Jill Cremens and Orlagh Skafas)

Excitement runs high on this night. For many campers, the Circle of the Stars Talent Show may be the only time they appear in front of an audience and receive applause. Regardless of talent, encourage and applaud your campers' practice. Since many campers have costumes and props for their acts, everyone returns to their bunks after dinner. When the bell rings, campers file into the Main Lodge by bunk.

WEDNESDAY CAMPER SCHEDULE AUGUST 24

WEDNESDAY Bunk Schedule

8/24	P1	P2	P3	REST	P4	P5	P6	REC
Bunk 1	Circle *	Ultimate	Bball	Bunk Pic	Swim	Tube	Tennis	
Bunk 2	Circle *	Ultimate	NW	Bunk Pic	Tube	Swim	Canoe	
Bunk 3	Folk	Circle **	Bball	Bunk Pic	Bocce	Dance	Swim	
Bunk 4	Canoe	Circle **	B&A	Bunk Pic	Folk	Yoga	Swim	Tube
Bunk 5	Tube	Swim	Circle **		Waters	A/C	Soccer	
Bunk 6	Waters	A/C	Circle **	Tube	Swim	Tennis	Soccer	
Bunk 7	Gaga	Sand	Circle **		Dance	Swim	Choice	
Bunk 8	Gaga	Tube	Swim		Circle **	Sand	Choice	
Bunk 9	Swim	Canoe	Tube		Circle **	Improv	Choice	
Lit 1	FB	Circle **	True Colors		w/Bunk	W/Bunks	W/Bunks	
LIT 2	Activity Help	Activity Help	Activity Help		Circle **	Build Empathy	Swim	
LIT 3a	Bocce	Ultimate	KB		Swim	Circle *	Hike	
LIT 3b	Bocce	Ultimate	KB		Swim	Circle *	Hike	



WEDNESDAY COUNSELOR SCHEDULE

CAT 8/24	B	P1	P2	P3	REST	P4	P5	P6	REC
Alise Kaplan	4	Canoe	X	B&A	Pics	Folk Songs	Yoga	Swim	Tube
Allison McNeil	Dr	Infirmar y	Infirmar y	Infirmar y		Infirmar y	Infirmar y	Infirmar y	
Alyssa Chase	3	Canoe*	Canoe*	X	Pics	Bocce	Dance	Swim	
Angelica Rowley	9	Swim	Canoe	X		Circle**	Improv	Choice	
Ann Salinger	Jr 5	Folk Songs	Swim	NW		Bocce*	X	Canoe*	
Ariel Goehring	11	Fishbow l*	Sandwiches*	Float		Waters*	Sandwiches*	Float	
Cerji Colvin	Jr 5	Gaga	Sandwiches	Bball		Dance	X	Choice	
Charlie Christo	8	Gaga	Tube	X		Circle**	Sandwiches	Choice	
Chelsea Alpert	2	Circle* *	Ultimate	X	Pics	Tube	Swim	Canoe	
Danielle Simard	5	Tube	Swim	Circle**		Waters	A/C	X	
Emilie Dean	2	Circle* *	Ultimate	NW	Pics	Tube	X	Canoe	
Emily Alexander	Jr 5								
Emily Bridges	NBC	Lifegu ard	Lifegu ard	Lifeguard		Waters	Lifegu ard	Lifegu ard	
Emily Koetsier	Sub 1	Fishbo wl	Circle** *	TrueC		X	Tennis	Soccer	
Garbo David	11	Photo	X	Circle *		Swim	Dance	Photo	
Hannah French	Jr 5	Folk Songs*	A/C*	NW*		Folk Songs*	A/C*	Choice	
Hannah Simard	Jr 1	Circle* *	Ultimate*	Bball*	Pics	Swim	X	Tennis*	
Hayley Adams	9	Waters*	X	B&A*		Yoga	Improv	X	
Hope Pollard	Jr 1	Circle* *	Ultimate	Bball	Pics	X	Tube	Tennis	
Ian MacDonald	CIT	Boat*	Boat*	Boat*	Boat*	Boat*	Boat*	Choice	Boat *
Bella Nayman	4	Canoe	Circle**	B&A	Pics	X	Yoga	Swim	Tube
Jay Bright	Jr 4	Circle* *	Tube	B&A		Swim	Improv	X	
Jay LaRosa	NBC	Lake*	Lake*	Lake*	Lake*	Lake*	Lake*	Lake*	Lake *
Jenessa Healey	9	Swim	Canoe	Tube		X	Improv	Choice	
Jessica Buchanan	7	X	Sandwiches	Circle**		Dance	Swim	Choice	



CAT 8/24	B	P1	P2	P3	REST	P4	P5	P6	REC
Jessica Horne	8	Gaga	Tube	Swim		Circle**	Sandwiches	X	
Jill Cremens	5	Circle**	Circle**	Circle***		Waters	Circle***	Circle Prep	
Jet Cohen	Sub 1	Fishbowl	Sandwiches	TrueC		Bocce	Sandwiches	X	
June Alexander	Jr 2	Infirmary	Infirmary	Infirmary		Infirmary	Infirmary	Infirmary	
Katherine Reed	NBC	Lifeguard	Lifeguard	Lifeguard		Lifeguard	Lifeguard	Lifeguard	
Kayla Sudduth	Dr	Tube	Infirmary	Infirmary		Infirmary	Infirmary	Infirmary	
Kellsey O'Rourke	Sr.	Campfire	Campfire	X		Circle***	Empathy	Swim	
Kelly McKee	7	Gaga	Sandwiches	Circle**		Dance	Tennis*	X	
Laura Castetter	4	Canoe	Circle**	B&A	Pics	X	Yoga	Swim	Tube
Lily Epstein	2	X	Ultimate	NW	Pics	Tube	Swim	Canoe	
Madelyn Wing	9	LG	LG	LG		Lifeguard	LG	LG	
Michelle Unger	6	Waters	X	Circle**	Tube	Dance*	Dance*	Soccer	
Nie, Bohlen	Jr 2	Infirmary	Infirmary	Infirmary		Infirmary	Infirmary	Infirmary	
Noa Simon	6	Waters	A/C	Circle**	Tube	X	Yoga*	Soccer*	
Olivia Armev	6	Waters	X	Circle**	Tube	Swim	Tennis	Soccer	
Orlagh Skafas	Jr 1	Circle*	Circle**	Circle***	Pics	Circle***	Circle***	Cir .Prep	
Peter Emmons	Jr 4	Waters	Canoe	Bball		X	Tennis	Choice	
Rachael Buchanan	Sub 3	Bocce*	Ulti	KB		Swim	Circle**	Hike	
Rebecca Harris	3	Canoe	Circle**	BBall		Bocce	Improv*	X	
Bex Oring	11	Campfi	Campfire	TrueC		Float	Empathy	Hike*	
Regan Vancil	NBC	Lg	Lg	Lifeguard		Lifeguard	Sandwiches	Lgg	
Samantha Bradley	Sub 2	Fish bowl	Sandwiche	X		Waters	Circle**	Hike	
Samantha Horne	Jr 2	Gaga*	Infirmary	Infirmary		Infirmary	Infirmary	Infirmary	
Samantha Stein	Sr.	Waters	X	B&A		Circle***	Empathy	Swim	
Sara MacDonald	CIT	Float	Float	Float		Swim	Float	Choice	
Siobhan Buckley	Sub 2	Bocce	Ultimate	X		Swim	Circle**	Hike	
Susan Flynn	Jr 5	Bocce*	Ultimate	X		Swim	Circle**	Hike	
Tiana Yetman	Sub 3	X	Ultimate	KB		Swim	Circle**	Hike	



THURSDAY AUGUST 25th

Flag: LITs

General

- Campers and counselors who haven't already done so collect and sign rocks during Clean Up; counselors put them in a safe place so everyone has a rock at the Rock Ceremony at Rec.
- Sara announces at lunch that LIT2s will explain Campfire. Hannah teaches the songs chosen by LIT2s for Campfire
- Period 6 ends at 4:30 to give everyone time to return to their bunks, use the bathroom, and collect rocks.
- Teens wear bathing suits to lunch and leave immediately after eating for Teen Lake Swim. Those not swimming can cheer on the swimmers.
- LITs have bunk photos today during Rest. Please make sure they know to come back to their bunks during that time. Campers wear their Circle T-shirts for bunk pictures, counselors are also encouraged to wear their Circle T-shirts.
- Ariel and Bex will walk the bunks when we are ready to head to OM, the LIT2s will have the opportunity to share their Our Moments creations with the counselor community at the Basketball Court. They will decide earlier in the day if they would like to share, and we will let the counselors know at dinner. We will work to find bunk coverage so as many counselors as would like to attend may do so. Before you leave your bunk, let your campers know where the nearest counselor will be. For more information, read the description of Our Moments earlier in this guide. Remember, counselors have described this as an intense, emotional experience. If you are uncomfortable witnessing raw emotion, think about whether or not this is the right setting for you.
- Ariel and Bex will prep the Basketball Court for OM.
- Teen Choice Activities
 - Period 2: Swim, Volleyball, Journaling/Drawing, Ultimate
 - Period 3: Archery with Cerji, Art with Jay, Improv with Becca, Soccer, Basketball

Rock Ceremony

The Circle Rock Ceremony is our only formal, all-camp grief activity and is centered on three powerful symbols: the circle for unity and inclusiveness, the tree for its life with growing roots and branches and the rocks for the unique individuality of each of us and our enduring, cherished memories. As we walk, stand, and sing together, our focus is to support one another by spending quiet, reflective, and respectful time remembering those who have died, while appreciating the beautiful setting of the mountains to one side and the lake to the other. At the end of the ceremony, we all blow bubbles and share time in our Memory Garden. **Counselors, make sure to talk about this ceremony beforehand with your campers.**

- At the start of Rec, campers and counselors (holding their rocks) assemble on their bunk porch. Bunk 1 should wait at the bottom of the hill in the empty bunk to the left of Bunk 2.
- Except for our group signing, we show our respect by being silent while waiting, while walking, and throughout the ceremony (Counselors in younger bunks may want a gesture that means quiet).



- Sara and Ariel lead a procession starting with NBCs and LITs, down the bunk line. As each babin is passed, the bunk joins the back of the double line. Then we walk in our lines up the hill to the Circle Memory Garden. Even bunks are on the right and odd bunks are on the left.
- Ian and Jay walk at the end of the lines to keep the group together and quiet.
- When Sara and Ariel reach the tree area, they walk in opposite directions to form a circle. Garbo and Bex guide everyone to create a circle.
- Hannah pitches and we sing Circle of Love Twice

Circle of Love

*Make a circle around our tree/ Leave a rock for a memory
For the ones we are thinking of/ We make a circle of love*

- Sara speaks, Ariel speaks, and both place their rocks. Garbo and Bex approach the tree from the opposite point in the circle and also place their rocks.
- We wait quietly until everyone has placed their rock.
- Ariel closes the ceremony by inviting everyone to blow bubbles and informally share this special time in the Memory Garden.

Thursday Evening Activity

Campfire

Campfire will be led by LIT2s who choose it as one of their leadership activities. It may look different than past years, they will have the opportunity to make it their own. We look forward to them being able to express their leadership through one of their favorite camp activities.

Campfire is for celebrating the light, warmth, and power of the fire, our Circle community, and the gift of our time together. Literally, we fuel the fire with logs and sticks; figuratively, we fuel it with our presence and participation. Our campfire includes speeches, singing, and laughing. Campfire is both a fun activity and a time to be respectful and serious. There is no talking, starting with the walk to the campfire and ending with the walk from the campfire.

When the bell rings, leave only the bathroom light on in your cabin and line up by bunk on the road in front of the Main Lodge. We form two lines, with the younger bunks in front, odd-numbered bunks on the left and even-numbered bunks on the right. **Only counselors take a flashlight.**

After everyone has filed out of the campfire area, bunks are invited one by one back to the campfire area for s'mores.



THURSDAY CAMPER SCHEDULE AUGUST 25

THURSDAY Bunk Schedule

8/25	P1	P2	P3	REST	P4	P5	P6	R E C
Bunk 1	FB	Swim	Tube		Folk	A/C	Yoga	R O C K
Bunk 2	Bocce	FB	A/C		Folk	Tennis	Swim	
Bunk 3	Tennis	A/C	B&A		Improve	Ultimate	Swim	
Bunk 4	Tube	Swim	Ultimate		Improv	Bball	A/C	
Bunk 5	Swim	Tube	Ultimate		Yoga	Bball	KB	
Bunk 6	Dance	Bocce	Ultimate		Yoga	Swim	KB	
Bunk 7	A/C	Choice	Choice	Teen Lake	Tube	Swim	Canoe	C E R E M O N Y
Bunk 8	A/C	Choice	Choice	Teen Lake	Swim	Dance	Tennis	
Bunk 9	Grieffiti	Choice	Choice	Teen Lake	Swim	Tube	Gaga	
LIT 1	A/C	Dance	Swim	Bunk Pic	w/Bunks	w/Bunk	w/Bunks	
LIT 2	Activity Help	Activity Help	Activity Help	Bunk Pic	OM	OM	Tube	
LIT 3a	Tennis	Choice fill-in	Yoga	Bunk Pic	Swim	Ultimate	KB	
LIT 3b	Tennis	Choice fill-in	Yoga	Bunk Pic	Swim	Ultimate	KB	



THURSDAY COUNSELOR SCHEDULE

CAT 8/25	B	P1	P2	P3		P4	P5	P6	R E C
Alise Kaplan	4	Tube	Swim	X		Improv	Bball	A/C	R O C K
Allison McNeil	Dr	Infirmary	Infirmary	Infirmar y		Infirmary	Infirmary	Infirmary	
Alyssa Chase	3	Tennis	X	B&A		Improv	Ultimate	Swim	
Angelica Rowley	9	Grieffiti	Choice	X	LS	Swim	Tube	Gaga	
Ann Salinger	Jr 5	Fishbowl	A/C	Swim		Folk Songs	Swim	X	
Ariel Goehring	11	Fishbowl *	Float	Float		OM*	OM*	RC Prep*	
Cerji Colvin	Jr 5	Bocce	Swim	Choice		X	Bball	Canoe	
Charlie Christo	8	A/C	Choice	Choice	LS	Swim	Ultimate *	Tennis*	
Chelsea Alpert	2	Bocce	Fishbowl	X		Folk Songs	Tennis*	Swim	
Danielle Simard	5	X	Tube	Ultimate		Yoga*	Bball	Kball	
Emilie Dean	2	Tennis*	Fishbowl	Ultimate *		X	Tennis	Swim	
Emily Alexander	Jr 5								
Emily Bridges		Sticks	Lg	Lg		Lg	Lg	Lg	
Emily Koetsier	Sub 1	A/C	Dance	Swim		X	BBall	KB	
Garbo David	11	Sticks	Boat	Boat		OM	OM	KB	
Hannah French	Jr 5	A/C*	A/C*	A/C*		Folk Songs*	A/C*	A/C*	
Hannah Simard	Jr 1	Fishbowl	X	Tube		Folk Songs	Bball*	Yoga	
Hayley Adams	9	Grieffiti*	Fishbowl*	B&A*	LS	Swim	Tube	Gaga	
Hope Pollard	Jr 1	Fishbowl	Swim	Tube		X	A/C	Yoga	
Ian MacDonald	CIT	Boat*	Boat*	Boat*	Boat *	Boat*	Boat*	Boat*	
Bella Nayman	4	Tube	X	Ultimate		Improv	Bball	Canoe*	
Jay Bright	Jr 4	Bocce*	A/C	Choice		Swim	X	Canoe*	
Jay LaRosa	NBC	Lake*	Lake*	Lake*	Lake *	Lake*	Lake*	Lake*	
Jenessa Healey	9	Grieffiti	Choice	Choice	LS	X	Tube	Gaga	
Jessica Buchanan	7	Sticks	Choice	Choice	LS	X	Swim	Canoe	
Jessica Horne	8	A/C	Choice	Choice	LS	X	Dance	Tennis	
Jill Cremens	5	Swim	Tube	Ultimate		Yoga	X	Kball	
Jet Cohen	Sub 1	Fishbowl	Dance	Swim		Yoga	Ultimate	X	
June Alexander	Jr 2	Infirmary	Infirmary	Infirmar		Infirmary	Infirmary	Infirmary	
Katherine Reed	NBC	Sticks	Fishbowl	Lg		Lifeguard	Lg	Lifeguard	
Kayla Sudduth	Dr	Infirmary	Infirmary	Yoga*		Infirmary	Infirmary	Yoga*	
Kellsey O'Rourke	Sr.	Campfire	Campfire	X		OM	OM	Tube	



CAT 8/25	B	P1	P2	P3		P4	P5	P6	R O C K C E R E M O N Y
Kelly McKee	7	A/C	Choice	Choice	LS	Tube	X	Canoe	
Laura Castetter	4	Tube	Swim	Ultimate		X	Bball	A/C	
Lily Epstein	2	Bocce	Fishbowl	A/C		Improv*	X	Swim	
Madelyn Wing	9	Grieffiti	Lifeguard	Lg	LS	Lifeguard	Lg	Lifeguard	
Michelle Unger	6	Dance*	Dance*	X		Yoga	Dance*	Kball*	
Nie, Bohlen	Jr 2	Infirmary	Infirmary	Infirm		Infirmary	Infirmary	Infirmary	
Noa Simon	6	Dance	Bocce	Ultimate		X	Swim	Kball	
Olivia Armev	6	Dance	Bocce	X		Yoga	Swim	Kball	
Orlagh Skafas	Jr 1	Fishbowl	Swim	Tube		Folk Songs	X	Yoga	
Peter Emmons	Jr 4	Sticks	Choice	Choice		Yoga	Ultimate	RC Prep	
Rachael Buchanan	Sub 3	Tennis	X	Yoga		Swim	Ultimate	KB	
Rebecca Harris	3	Tennis	Bocce*	B&A		Improv	X	Swim	
Bex Oring	11	Campfire	Campfir	Float		OM	OM	RC Prep	
Regan Vancil	NBC	Lifeguard	Lg	Lg		Lg	Lg	Lg	
Samantha Bradley	Sub 2	Fishbowl	X	Yoga		Swim	Ultimate	KB	
Samantha Horne	Jr 2	Infirmary	Infirmary	Infirmar y		Infirmary	Infirmary	Gaga*	
Samantha Stein	Sr.	Grieffiti	Fishbowl	X		OM	OM	Tube	
Sara MacDonald	CIT	Float	Choice	Choice		Float	Float	Float	
Siobhan Buckley	Sub 2	Tennis	X	Yoga		Swim	Ultimate	KB	
Susan Flynn	Jr 5	Tennis	X	Yoga		Swim	Ultimate	RC Prep	
Tiana Yetman	Sub 3	Tennis	X	Yoga		Swim	Ultimate	KB	



FRIDAY AUGUST 26th

Flag: LITs

General

- LITs have a Lake Swim at 7am. Only LITs that have passed the Lake Swim Test may participate.
- Immediately after returning from breakfast, put bunk boxes outside for pick-up by NBCs- please make sure everything that you have taken out of the bunk boxes is returned unless it has been used in a way that it cannot be reused.
- NBCs help pack camp (leave BBall and Volleyballs) and pick up bunk boxes from bunks. If you are unsure of what needs to be done, please find Jay or Sara.
- There are plastic bags in the bunk boxes for wet clothes.
- As soon as campers finish packing, put all camper luggage outside the bunk and clean the bunk,
 - **Luggage for campers who get off the bus in Bridgton is on the left as you face the bunk.**
 - **Luggage for campers who get off the bus in Boston/Newton is on the right as you face the bunk.**
- Carry-on luggage remains in a bunk during first two periods.
- Lifeguards will come around to pick up luggage.
- NBC's and Lifeguards will collect luggage during Closing Circles and then begin inventory and packing the shed. Nurses inventory and pack Wellness Center.
 - All inventory sheets go to Sara
- Campers bring their carry-on luggage to Volleyball court before coming to Main Lodge for lunch. Campers remain outside signing t-shirts until lunch begins.
- After lunch, we call campers by bunks to exit Main Lodge, pick up A/C projects on the road outside the dining room, pick up their carry-on luggage and get on the buses.
- NOTE: To ensure the buses leave on time, only campers and chaperones leave the Main Lodge until every camper has boarded the bus.
- Immediately after campers leave, counselors go to the Main Lodge for the Closing Meeting.
- The rest of the afternoon is hectic. We have to finish Camper Review Forms and Program Evaluation Forms. Then we can pack our personal things and clean our bunks. The bad news is there is a lot to do. The good news is there is no time to be sad.
- NOTE: No counselors leave camp before the final meeting. Also, no counselor leaves camp until Sara, Bex, or Ariel signs off that your bunk is clean. This includes shutters open, floors swept, garbage cans and clotheslines emptied, and litter outside the cabins removed. As good citizens, we leave camp in good order.

Closing Circle

During the week at Circle, each camper's bunk functions as their temporary 'family' unit. On our last day of camp, each bunk comes together in a Closing Circle to acknowledge that camp and their time together as a bunk is ending. It's important that we give the campers an opportunity to say goodbye to their bunk family. This is especially significant for campers who didn't have a chance to say goodbye to their parents who died.



Bunk counselors lead their Closing Circles. Since our last day at camp is hectic, please go over the day’s schedule with the campers in the morning and let them know a few minutes before when it’s time for the Closing Circle.

Wait until all campers are present before beginning. Let the campers know how much time they have for their Closing Circle and remind them that this is a special time for the bunk to share and say goodbye. You might want to start the sharing with an observation of your own. Try to make sure that everyone gets to say something. If you’re aware that some campers haven’t shared, consider asking, “Who hasn’t spoken or who would like to add something?” Pick up on feelings that are expressed. For instance, if a camper says that they’re sad to go home, you can repeat, “Yes, it is sad for us to be leaving.” Some campers may agree, others may express a different feeling or try to offer comfort. All are fine. Remember, we don’t try to change a camper’s feelings – we hear their words and we listen.

Younger campers may manage their feelings and their Closing Circle differently than older campers. Their comments may be more concrete and less introspective. The important thing is that they are sitting together and saying goodbye.

Remember that counselors are not in touch with campers over the winter; campers are free to contact each other.

FRIDAY CAMPER SCHEDULE AUGUST 26

Friday Bunk Schedule

8/26	P1	P2	P3	
Bunk 1	PACK	NC	Closing Circle	CAMPERS DEPART Volunteer SURVEY LINK CLEAN UP COUNSELORS DEPART by 3:00
Bunk 2	PACK	NC	Closing Circle	
Bunk 3	PACK	KB	Closing Circle	
Bunk 4	PACK	KB	Closing Circle	
Bunk 5	PACK	BB	Closing Circle	
Bunk 6	PACK	BB	Closing Circle	
Bunk 7	NC	PACK	Closing Circle	
Bunk 8	KB	PACK	Closing Circle	
Bunk 9	KB	PACK	Closing Circle	
Lit 1	Bracelet	PACK	Closing Circle	
LIT 2	Bracelet	PACK	Closing Circle	
LIT 3a	Bracelet	PACK	Closing Circle	
LIT 3b	Bracelet	PACK	Closing Circle	



FRIDAY COUNSELOR SCHEDULE

CAT 8/26	B	P1	P2	P3	CLOSING
Alise Kaplan	4	Pack	Bball	Closing	VOLUNTEER CLOSING SURVEY LINKs INVENTORY CLEAN up COUNSELORS DEPART 3:00
Allison McNeil	Dr	Infirmary	Infirmar	Closing	
Alyssa Chase	3	Pack	Kball*	Closing	
Angelica Rowley	9	Kball	Pack	Closing	
Ann Salinger	Jr 5	NewCom	Kball	Inventory	
Ariel Goehring	11				
Cerji Colvin	Jr 5	Bball	Pack	Archery Clean-up/ Inventory	
Charlie Christo	8	Kball	Pack	Closing	
Chelsea Alpert	2	Pack	NewC	Closing	
Danielle Simard	5	Pack	Bball	Closing	
Emilie Dean	2	Pack	NewC	Closing	
Emily Alexander	Jr 5				
Emily Bridges	NBC	Close WF	Kball	Luggage	
Emily Koetsier	Sub 1	Bracelets	Pack	Closing	
Garbo David	11	Pack	Pack	A/C clean	
Hannah French	Jr 5	NewC	Pack	A/C Clean-up/Lugga	
Hannah Simard	Jr 1	Pack	Bball*	Closing	
Hayley Adams	9	Bball	Pack	Closing	
Hope Pollard	Jr 1	Pack	Bball	Closing	
Ian MacDonald	CIT	Close WF	NewC	Luggage	
Bella Nayman	4	Pack	NewC	Closing	
Jay Bright	Jr 4	Kball	Kball	A/C clean-up	
Jay LaRosa	NBC	Close WF*	Bball	Luggage	
Jenessa Healey	9	NewC	Pack	Closing	
Jessica Buchanan	7	Bball	Pack	Closing	
Jessica Horne	8	Kball	Pack	Closing	
Jill Cremens	5	Pack	Bball	Closing	
Jet Cohen	Sub 1	Bracelets	Pack	Closing	
June Alexander	Jr 2	Infirmary	Infirmary	Inf. Clean-up	
Katherine Reed	NBC	Close WF*	Kball	Luggage	
Kayla Sudduth	Dr	Infirmary	Infirmary	Inf. Clean-up	
Kellsey O'Rourke	Sr.	Bracelets	Pack	Closing	
Kelly McKee	7	Newcomb*	Pack	Closing	
Laura Castetter	4	Pack	Newcom b	Closing	
Lily Epstein	2	Pack	Newcom b*	Closing	
Madelyn Wing	9	Pack	Newcom b	Closing	
Michelle Unger	6	NewC	Pack	Closing	



CAT 8/26	B	P1	P2	P3	
Nie, Bohlen	Jr 2	Infirmary	Infirmary	Inf. Clean-up	<p>VOLUNTEER CLOSING</p> <p>SURVEY LINKs</p> <p>INVENTORY</p> <p>CLEAN up</p> <p>COUNSELORS DEPART 3:00</p>
Noa Simon	6	Bball*	Pack	Closing	
Olivia Armev	6	Kball	Pack	Closing	
Orlagh Skafas	Jr 1	Pack	Bball	Closing	
Peter Emmons	Jr 4	Kball*	Pack	Luggage	
Rachael Buchanan	Sub 3	Bracelets	Pack	Closing	
Rebecca Harris	3	Pack	NewC	Closing	
Bex Oring	11	Float	Float	Float	
Regan Vancil	NBC	CloseWF*	Kball	Luggage	
Samantha Bradley	Sub 2	Bracelets	Pack	Closing	
Samantha Horne	Jr 2	Infirmary	Infirmar	Inf. Clean-up	
Samantha Stein	Sr.	Bracelets	Pack	Closing	
Sara MacDonald	CIT	Float	Luggage/Fl oat	Luggage/Inv.	
Siobhan Buckley	Sub 2	Bracelets	Pack	Closing	
Susan Flynn	Jr 5	Bracelets	Pack	Closing	
Tiana Yetman	Sub 3	Bracelets	Pack	Closing	



Activity and Locations Circle Camp CAT 2022

ABBREVIATIONS	ACTIVITY	LOCATION
Activity Helpers	Activity Helpers	Assigned activity
Archery	Archery	Upper Fields Near Tennis Court
AC	Art and Crafts	Family Dining Room
Bball	Basketball	Upper Basketball Court
Blankets	Blankets	Dining Room
Bocce	Bocce	Meet at the Flagpole
Empathy	Building Empathy	see Bex
Camp Fire	Camp Fire	Campfire Circle
Canoe	Canoe	Check-in at Bottom of Stairs
Choice	Teen Choice	Schedule TBD
Circle **	Circle of the Stars Practice	Main Lodge
CT	Circle Time	Meet at Junior Lodge
Support	Circles of Support	Lower Tennis Court
Sand	Coping Skill Sandwiches	Deck Behind Bunk 2
Waters	Crossing the Waters	Main Lodge Porch
Dance	Dance	Platform Behind Junior Lodge
Enneagram	Enneagram	Picnic tables behind LIT2 bunk
FB	Fishbowl	Cabin 1 on Bunk Line
Fishing	Fishing	Check-in at Bottom of Stairs
Folk	Folk Sing	Flagpole
Gaga	Gaga	Gaga Pit at Lower Playground
Griefitti	Griefitti	Meet Below Main Lodge Steps
B&A	How My Life Has Changed Before & After	Junior Lodge
Improv	Improv	Campfire Circle
Intro	Introduction LIT 1	In Bunk
Intro	Introduction LIT 2	In Bunk
Intro	Introduction LIT 3	In Bunk
KB	Kickball	Softball Diamond
LS	Lake Swim	Check-in at Bottom of Stairs
Lead #1	Lead #1	see Bex
Lead #2	Lead #2	see Bex
Hike	Nature Hike	Meet at Softball Diamond
NW	Nature Walk	Meet at Softball Diamond
NewC	Newcomb	Volleyball Courts by Basketball
OM	Our Moments	Picnic tables behind LIT2 bunk
RC	Rock Ceremony	Join Line as it Passes Your Bunk
RC Prep	Rock Ceremony Prep	Next to Archery at Trees



Service	Service	Out of Camp
Soccer	Soccer	Upper Fields
Sticks	Collect Sticks for S'mores and Kindling	Campfire Circle
Swim	Swim Lake	Check-in at Bottom of Stairs
SWT	Swim Test	Check-in at Bottom of Stairs
TB	Team Building	Upper Field by Wishing Well
TB/Flags	Team Building / Flags	see Bex
Teen Lake	Teen Lake Swim	Check-in at Bottom of Stairs
Tennis	Tennis	Upper Tennis Courts
True Colors	True Colors	see Bex
Tube	Tube	Check-in at Bottom of Stairs
Ultimate	Ultimate Frisbee	Field by Softball Diamond
WC	Watercolors	Check-in at Bottom of Stairs
Yoga	Yoga	Platform Behind Junior Lodge
X	Period Off	Period Off Unless Needed Elsewhere